

# Osteopathic Considerations in Systemic Dysfunction: Common Clinical Problems

July 20-22, 2012, at New York College of Osteopathic Medicine (NYCOM)

## Course Description

This course presents a practical, hands-on osteopathic manipulative treatment (OMT) approach to everyday patient systemic complaints—ranging from sinusitis to pneumonia, gastritis to irritable bowel syndrome and headache to angina. The program centers on designing rational osteopathic care that integrates the five osteopathic care models and can be delivered in a clinically-effective, time-efficient manner.

It will teach clinicians to seek regional and segmental diagnostic somatic clues to enhance and speed differential diagnosis. Participants will learn to integrate Chapman's reflexes, collateral abdominal ganglia, and segmental diagnosis of the entire spine and sacroiliac joint. In treatment, the course will center on skills used to enhance homeostasis. Participants will master skills including sphenopalatine ganglia technique; collateral ganglia inhibition; spleen pump; myofascial spray and stretch; ischial rectal fossa technique; mesenteric lifts; rib raising; lymph pumps; liver pump; diaphragm redoming; and direct and indirect OMT techniques to remove somatic dysfunction in the cranial, cervical, thoracic, costal, lumbar and sacral regions.

While a number of techniques will be taught, emphasis will be placed on developing skills and strategies to speed diagnosis and recovery. Residents, residency trainers and directors of medical education will be accorded special tips for maximizing integration of these skills and strategies into their specific programs.

## Faculty

**Hugh Ettlinger**, DO, FAAO, is a 1987 graduate of NYCOM, where he serves as an Associate Professor of Osteopathic Manipulative Medicine (OMM) and director of the NYCOM/St. Barnabas NMM/ OMT Residency Program.

**Michael Kuchera**, DO, FAAO, is a 1980 graduate of Kirksville College of Osteopathic Medicine. He currently directs the OMM Research and Human Performance and Biomechanics Laboratory at Philadelphia College of Osteopathic Medicine. He is also clinical director of the Center for Chronic Disorders of Aging and secretary-general of the International Federation of Manual/ Musculoskeletal Medicine.

## CME

20 hours of Category 1-A AOA CME credit is anticipated.

## Course Location

NYCOM at New York Institute of Technology  
Northern Boulevard  
Old Westbury, NY 11568  
(516) 686-3747

## Course Times

Friday and Saturday: 8:00 am - 5:00 pm (lunch provided)  
Sunday: 8:00 am - 12:00 pm (lunch on your own)

## Travel Arrangements

Call Tina Callahan of Globally Yours Travel at (800) 274-5975.

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### American Academy of Osteopathy Registration Form Osteopathic Considerations in Systemic Dysfunction... July 20-22, 2012 at NYCOM

Name: \_\_\_\_\_ AOA#: \_\_\_\_\_

Nickname for Badge: \_\_\_\_\_

Street Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

*By releasing your fax/e-mail, you have given the AAO permission to send marketing information to your fax or e-mail.*

Billing Address (if different than above): \_\_\_\_\_  
\_\_\_\_\_

### Registration Rates

#### On or before 6/22/2012; After 6/22/2012

AAO Member	\$ 680.00	\$ 780.00
AAO Non-Member	\$ 780.00	\$ 880.00
Student/Intern/Resident	\$ 580.00	\$ 680.00

The AAO accepts check, Visa, Mastercard or Discover payments in U.S. dollars

Credit Card #: \_\_\_\_\_

Cardholder's Name: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ 3-digit CVV# \_\_\_\_\_

*I hereby authorize the AAO to charge the above credit card for the full course registration amount.*

Signature: \_\_\_\_\_

Click here to view the [AAO's Cancellation and Refund Policy](#)



Please submit registration form and payment via mail to the American Academy of Osteopathy,  
3500 DePauw Blvd., Suite 1080, Indianapolis, IN 46268 or by fax to (317) 879-0563.  
Or register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org)

