

Myofascial Release

Date: January, 2025

Location: TBD (Florida)

Course Director: Lisa Ann DeStefano, DO

Register online at www.academyofosteopathy.org



Course Description

This course aims to help participants continuously consider the functional reasons for pain and find function rather than eliminate pain. This course will help participants learn how myofascial release palpatory and treatment techniques can be used alone or in conjunction with other manual medicine methodologies. This course also hopes to assist participants in developing the ability to think about specific anatomical areas in three dimensions, both statically and dynamically, and the ability to assess and treat specific myofascial problems.

Continuing Medical Education

20 credits of AOA Category 1-A CME anticipated

Course Location

TBD

Florida

Meal Information

Morning coffee/tea provided each day. Lunch provided Friday and Saturday.

Course Dates & Times

Tentative January 10-12, 2025

- Friday, 8am-5:30pm
- Saturday, 8am-5:30pm
- Sunday, 8am-12:15pm

Travel Arrangements

Contact Tina Callahan of Globally Yours Travel at (480) 816-3200 or globallyyourstravel@cox.net.

Course Director

Lisa Ann DeStefano, DO, has chaired the Department of Osteopathic Manipulative Medicine at the Michigan State University College of Osteopathic Medicine (MSUCOM) in East Lansing since 2004. A protégé of the late Philip E. Greenman, DO, FAAODist, Dr. DeStefano edited the fourth and fifth editions of the textbook Greenman's Principles of Manual Medicine.

A 1993 graduate of MSUCOM, Dr. DeStefano is board certified in osteopathic manipulative medicine and neuromusculoskeletal medicine and in osteopathic family medicine.

Registration Fees

	On or before December 9, 2024	December 10, 2024– January 9, 2025	On or after January 10, 2025
Academy member in practice*	\$650	\$700	\$850
Resident or intern member	\$450	\$500	\$650
Student member	\$250	\$300	\$450
Nonmember practicing DO or other health care professional	\$950	\$1,000	\$1,150
Nonmember resident or intern	\$750	\$800	\$950
Nonmember student	\$550	\$600	\$750

* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Questions or need additional information? Contact event planner Dreonna Howard at dhoward@academyofosteopathy.org

