

# AOBNMM Practical Certification Board Prep

**Date: October 1, 2022**

**Location: Virtual**

**Course Director:**

**K. Emily Redding,**

**Register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org)**



## Course Description

The presentation for the virtual board preparation for the practical portion of the AOBNMM will be presented virtually and in a similar format that is performed at the AOBNMM practical boards. There will be a 20-30 minute initial presentation discussing the general format of and required knowledge for the AOBNMM practical boards. There will be pre-recorded 15-20 minute interactions between a mock tester and a set of mock candidates that will demonstrate the flow of the testing in each tested modality. The modalities reviewed will be Osteopathic Cranial Manipulative Medicine, Strain-Counterstrain, Muscle Energy, and High-Velocity Low Amplitude.

## Course Goals & Objectives

- Familiarize the learner with the AOB-NMM practical exam format
- Familiarize the learner with proposed preparation materials
- Expose the learner to prerecorded mock practical for OCMM, CS, ME, and HVLA
- Question and Answer time

## Continuing Medical Education

2.5 credits of AOA Category 1-B CME anticipated

## Course Location

Online (Zoom link to be provided the week of the course)

## Course Dates & Times

October 1, 2022, 12pm-2:30pm EST / 9am-11:30am PST

## Course Director

**K. Emily Redding, DO** is the Director of the Northern Light Eastern Maine Medical Center (NL EMMC) ONMM<sub>3</sub> Residency and faculty at the NL EMMC Family Medicine Residency. She is the Chair of the Postdoctoral Training Committee of the AAO and on the ACGME ONMM Residency Board of Appeals.

Dr. Redding was awarded her Doctor of Osteopathic Medicine degree from the West Virginia School of Osteopathic Medicine. She completed her Family Medicine and NMM/OMM Plus One Residency training at NL EMMC. She holds the following board certifications: American Osteopathic Board of Family Physicians (Family Medicine/OMT) and American Osteopathic Board of Neuromusculoskeletal Medicine (ONMM). She lives in Bangor, Maine with her family.

## Registration Fees

Academy member	\$87
Nonmember DO, MD, or other healthcare professional	\$487

\* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Questions or need additional information? Contact event planner Jasmine Eisinger at [eventplanner@academyofosteopathy.org](mailto:eventplanner@academyofosteopathy.org)

