

Full Body Rapid OMT Treatments: Recumbent Axial Release & Appendicular Integration

Date: Saturday, April 26 through Sunday, April 27, 2025

Location: AAO Offices, Indianapolis, IN

Course Director: Joshua Heath Dalton, DO

Register online at www.academyofosteopathy.org



Course Description

Joshua Dalton, DO, through 16 years of clinical practice, has combined several types of techniques into a unique new form that is useful for all body types and has very few limitations. Using both the sacral axes to connect the body and unwinding concepts, he is able to affect change body wide in an efficient and comfortable manner.

This course will go over his newly developed technique. This technique is useful in larger patients and good for any patient who can lay down. This course is best for OPP Scholars (NUFA), residents, and physicians.

Course Goals & Objectives

The attendee will be able to:

- Diagnose a patient in various positions
- Treat using the advantage of various sacral axes

- Treat all areas of the body and complex global strains using this new technique

Continuing Medical Education

16 credits of AOA Category 1-A CME anticipated

Course Location

AAO Office
3500 DePauw Blvd, Ste. 1100
(Pyramid 1, Floor 10)
Indianapolis, IN 46268
Closest airport: Indianapolis (IND)

Meal Information

Morning coffee and hot tea provided each day. Lunch provided Saturday and Sunday (gluten-free and vegan options available).

Course Dates & Times

- Saturday, April 26, 2025, 8am-5pm
- Sunday, April 27, 2025, 8am-5pm

Course Director

Joshua Heath Dalton, DO, graduated Pikeville COM 2004 including undergraduate

OMM Fellowship Residency at Pikeville Family Medicine, ONMM Fellowship at Pikeville Medical Center

Owner of Appalachian Osteopathy (an insurance-based practice) since 2009

Lecturer and table trainer for multiple courses with Dr. Beck and Dr. Stiles

Member of OES for 4+ years

Registration Fees

	On or before February 24, 2025	February 25, 2025– April 25, 2025	On or after April 26, 2025
Academy member in practice*	\$680	\$730	\$930
Resident or intern member	\$480	\$530	\$730
Student member	\$380	\$430	\$630
Nonmember practicing DO or other health care professional	\$1,080	\$1,130	\$1,330
Nonmember resident or intern	\$880	\$920	\$1,120
Nonmember student	\$780	\$820	\$1,020

* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Questions or need additional information? Contact event planner Dreonna Howard at dhoward@academyofosteopathy.org