

# AOBNMM Cognitive Certification Board Prep



**Date: September 16, 2026**

**Location: Virtual (Zoom)**

**Course Director: Jon Torres, DO, MPA, FACOFP, FAAO**

**Register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org)**



## Course Description

This 3-hour interactive virtual course is intended to help ONMM residency graduates prepare for the NMM/OMM written board certifying examination. This course will be delivered via virtual methods as determined by AAO, and will include significant real-time audience response participation.

Preparation for the exam will include 30 practice questions covering the breadth of content expected to be represented on the examination. We will review the questions, discuss strategies for writing the questions and identify the correct answer. Audience responses will help drive test-taking strategies as we progress through the course.

## Course Goals & Objectives

At the conclusion of this workshop, the learner should be able to:

- Increase the proportion of participating diplomates successfully passing their written board exam on the first try.
- Correct audience responses exceed 85% for the correct answer on individual questions in the program.

## Continuing Medical Education

3 credits of AOA Category 1-A CME anticipated

## Course Location

Online (Zoom link to be provided the week of the course)

## Course Dates & Times

Wednesday, September 16, 2026 7 pm EDT

## Course Director

Jon Torres, DO, MPA, FACOFP, FAAO received his Bachelor of Arts degree in biology from Harvard University. He was awarded his Doctor of Osteopathic

Medicine degree from the University of Medicine and Dentistry of New Jersey-School of Osteopathic Medicine (UMDNJ-SOM) and completed his internship and residency in family medicine at Kennedy Hospital in Stratford, NJ, where he served as Chief Resident. Dr. Torres also completed a Plus-one program in Neuro-Musculoskeletal Medicine & Osteopathic Manipulative Medicine at UMDNJ-SOM. In 2013, Dr. Torres joined Atlantic Health System as the Assistant Program Director for the Department of Family Medicine Residency Program at Morristown Medical Center in Morristown, NJ. In 2015 he started the ONMM-3 program there as well, where he serves as the Program Director and Director of Osteopathic Education. In 2018 he was awarded his FACOFP and in 2020 his FAAO. In 2020, he also earned his Master in Public Administration from Rutgers University.

## Registration Fees

Academy Members (Any Member Type)*	\$132
Non-member Rate	\$210

\* AAO Associate Members, International Affiliates and Supporter Members are entitled to register at the same fees as Academy Members.

Questions or need additional information? Contact the event planner at [eventplanner@academyofosteopathy.org](mailto:eventplanner@academyofosteopathy.org)