

# Basic Percussion Hammer

**Date: January 12-14, 2024**

**Location: Osteopathy's Promise to Children**

**Course Director: Richard W. Koss, DO**

**Register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org)**



## Course Description

This course is based on the life work of Robert C. Fulford, DO in Osteopathy, life energy, vibration, and the use of the percussion vibrator. This course introduces these basic osteopathic philosophic and practice principles that Dr. Fulford perfected in his over 55 years of exploration and clinical practice. This is the same course Dr. Fulford himself taught in the last decade of his life. An extra day has been added to present basic concepts and palpatory skills needed to understand the percussion techniques and principles as taught by Dr. Fulford

## Course Goals & Objectives

- To understand the life, philosophy, and osteopathic medical practice of Robert C. Fulford, DO
- To introduce Fulford's concepts of vibration, Love, and Breath in osteopathic philosophy and practice.
- To introduce concepts of subtle energy and life energy in the philosophy and practice of osteopathy.

## Continuing Medical Education

24 credits of AOA Category 1-A CME anticipated

## Prerequisite

Successful completion of and approved 40-hour Introductory Course in Osteopathy in the Cranial Field

## Course Location

Osteopathy's Promise to Children  
3706 Ruffin Road  
San Diego, CA 92123

## Course Dates & Times

- January 12, 2024 8:00am-6pm
- January 13, 2024 8:00am-6pm
- January 14, 2024 8:00am-4pm

## Meal Information

Coffee, tea, and lunch will be provided daily.

## Course Director

**Richard Koss, DO** was awarded a BS in Physical Education Summa Cum Laude from Springfield College in Springfield, Massachusetts in 1976. He continued a Fellowship and teaching assistant in Anatomy & Physiology for 2 years at Springfield. Dr. Koss received his D.O. degree at AT Still University in Kirksville, Missouri in 1982 and subsequently performed a rotating internship at Normandy Osteopathic Hospital in St. Louis, Missouri. He joined the US Air Force in 1983 and served in Family Practice and as a

Flight Surgeon, Chief of Air Transport, Chief of Emergency Services, and Chief of Family Practice. He returned to Kirksville in 1987 to pursue a residency in OMM. He joined the faculty at AT Still University in 1990 as OPP assistant professor. He then joined the faculty in the OMM Department at University of North Texas Health Sciences Center in Fort Worth, Texas as department vice chair. He passed Specialty Board Exams for both the ACOFP and OMM in 1991. Since 1999, Dr. Koss has been in private practice, specializing in OMM.

Dr. Koss took his first percussion hammer course from Dr. Fulford in 1987 and again in 1988, and was table trainer in 1989. Dr. Koss presented a paper on the Bioelectric Properties of Fascia at the 1990 AAO Convocation in Cincinnati, Ohio. From 1990 until Dr. Fulford's passing in 1997, Dr. Koss designed and taught both Basic and Advanced Percussion Hammer Courses with Dr. Fulford.

Richard W. Koss, DO continues to provide instruction on Osteopathic Philosophy and Principles and Dr. Fulford's principle of Osteopathy and the use of the percussion hammer all over the world.

## Registration Fees

	Before November 12, 2023	November 13– December 13, 2023	December 13, 2023– January 14, 2024
Academy member in practice* (DO, MD)	\$936	\$1,036	\$1,136
Member resident or intern (DO, MD)	\$614	\$786	\$886
Student Members	\$414	\$514	\$614
Practicing nonmember (DO or MD)	\$1,336	\$1,436	\$1,536
Nonmember resident or intern (DO, MD)	\$1,086	\$1,186	\$1,286

\* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Questions or need additional information? Contact event planner Jasmine Eisinger at [eventplanner@academyofosteopathy.org](mailto:eventplanner@academyofosteopathy.org)

