

Introduction to Osteopathic Manipulative Medicine: Integrating OMM Into Clinical Practice and Teaching

June 1-4, 2023 • The Pyramids • Indianapolis

Course Description

This course will:

- Provide basic and refresher knowledge and skills for program directors and core teaching faculty who supervise osteopathic manipulative treatment (OMT) in clinics.
- Help MD students and graduates obtain the prerequisites for entering osteopathic-recognized residencies.
- Be valuable for clinicians interested in adding OMT to their skill set.

Through a combination of lectures and hands-on workshops, attendees will learn the basics of osteopathic manipulative medicine, which encompasses osteopathic tenets, palpatory diagnosis and OMT.

The curriculum includes lessons on muscle energy technique; thoracic spine technique; articular techniques; functional techniques; myofascial release; and high-velocity, low-amplitude thrust.

Course registration includes one copy of *Greenman's Principles of Manual Medicine, 5th edition*.

"The teaching of the course itself was guided very wisely, carefully, with good examples. It helped me personally to draw a whole picture about integration of OMM in clinical practice." —Sofia (MD)

Continuing Medical Education

28 credits of AOA Category 1-A CME anticipated

Course Location

The Pyramids, Building Three
3500 DePauw Blvd., Lower Level, Conference Rooms A and B
Indianapolis, IN 46268

Meal Information

Morning coffee and tea will be provided all four days. Lunch provided on full course days (Friday through Sunday).

Course Director

Lisa Ann DeStefano, DO, has chaired the Department of Osteopathic Manipulative Medicine at the Michigan State University College of Osteopathic Medicine (MSUCOM) in East Lansing since 2004. A protégé of the late Philip E. Greenman, DO, FAAODist, Dr. DeStefano edited the fourth and fifth editions of the textbook *Greenman's Principles of Manual Medicine*.



A 1993 graduate of MSUCOM, Dr. DeStefano is board certified in osteopathic manipulative medicine and neuromusculoskeletal medicine and in osteopathic family medicine.

Course Dates & Times

- June 1, 2023 from 1 PM to 6 PM
- June 2, 2023 from 8 AM to 6 PM
- June 3, 2023 from 8 AM to 6 PM
- June 4, 2023 from 8 AM to 4 PM

Registration Fees	On or before April 30, 2023	May 1–May 31, 2023	On or after June 1, 2023
Academy member in practice*	\$784	\$834	\$984
Resident or intern member	\$584	\$634	\$784
Student member	\$384	\$434	\$584
Nonmember practicing DO or other health care professional	\$1,184	\$1,234	\$1,384
Nonmember resident or intern	\$784	\$834	\$984
Nonmember student	\$584	\$634	\$784

* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Registration Form

Introduction to Osteopathic Manipulative Medicine • June 1-4, 2023

- I am a practicing health care professional.
 I am a resident or intern.
 I am an osteopathic or allopathic medical student.
Name: _____ AOA No.: _____

Nickname for badge: _____

Street address: _____

City: _____ State: _____ ZIP: _____

Phone: _____ Fax: _____

Email: _____

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: _____

Cardholder's name: _____

Expiration date: _____ 3-digit CVV No.: _____

Billing address (if different): _____

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: _____

By registering for this course, you agree to abide by the AAO's [code of conduct](#), [photo and video release](#), and [cancellation policy](#).

Register online at www.academyofosteopathy.org, or submit this registration form and your payment by email to Eventplanner@academyofosteopathy.org; by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.

