Traditional Osteopathic Techniques of Carl Philip McConnell, DO



Sunday March, 15, 2026 - Tuesday March 17, 2026 Location: Pre-Convocation 2026 at The Broadmoor Course Director: Richard G. Schuster, DO Register online at www.academyofosteopathy.org



Course Description

This course will explore the traditional osteopathic thought, approach, and technique of Carl P. McConnell, DO, a premier osteopath who, at the time of his death, was thought to best have understood Dr. Still's teaching. The course is designed to lead participants through technique approaches requiring increasing palpatory appreciation for precision, specificity, and anatomical localization. McConnell understood the osteopathic lesion differently than we currently understand it, which greatly influenced his application and choice of technique. Central to his thought was identification and treatment of the "key lesion." These concepts will be explored in this experientially-driven course. This is an intermediate to advanced course intended for experienced practitioners, however, all skill levels will benefit from the principles of palpatory precision and discussion of osteopathic philosophy and art.

Continuing Medical Education

24 credits of AOA Category 1-A CME are anticipated.

Course Location

The Broadmoor 1 Lake Avenue, Colorado Springs, CO 80906

Course Dates & Times

Sunday, March 15, 2026: 8am - 6:15pm Monday March 16, 2026: 8am - 6:15pm Tuesday March 17, 2026: 8am - 4pm

Meal Information

Coffee/tea provided. Lunch not provided; a 90-minute lunch break will be scheduled.

Course Faculty

Richard G. Schuster, DO is in solo private practice in Indianapolis, doing direct primary care and osteopathic manual medicine.

Dr. Schuster graduated from the Ohio University Heritage College of Osteopathic Medicine in 1994 after completing an undergraduate fellowship in osteopathic principles and practice. He completed a family medicine residency at the Firelands Regional Medical Center in Sandusky, Ohio, and a postdoctoral fellowship in sports medicine at the Toledo Hospital in Ohio.

The chair of the AAO's 2015 Convocation, Dr. Schuster was the 2022-2023 AAO President, and is a member of the AAO Education Committee. Dr. Schuster has a strong interest in medical education, and his academic interests include musculoskeletal medicine, biomechanics, and functional anatomy, with an emphasis on how the body transmits and organizes information to coordinate movement.

Registration Fees	On or before	On or before January 15, 2026		January 16–February 26, 2026		February 27–March 7, 2026	
	With Convo	Without Convo	With Convo	Without Convo	With Convo	Without Convo	
Healthcare practitioner AAO member*	\$872	\$969	\$962	\$1069	\$1052	\$1169	
Resident or intern AAO member	\$692	\$769	\$782	\$869	\$872	\$969	
Student member (SAAO)	\$512	\$569	\$602	\$669	\$692	\$769	
Healthcare practitioner nonmember	\$1322	\$1469	\$1412	\$1569	\$1502	\$1669	
Resident or intern nonmember	\$1142	\$1269	\$1232	\$1369	\$1322	\$1469	

^{*} The AAO's associate members, international affiliates, and supporter members are entitled to register at the same fees as full members.