

The 7 S's of an Efficient, Effective and Successful Osteopathic Visit

Date: August 28-30, 2026
Location: AAO Office, Indianapolis, IN
Course Director: Roger W. Beaumont, DO
[Register online at www.academyofosteopathy.org](http://www.academyofosteopathy.org)



Course Description

This program will unfold and reveal a new medical model called the biopsychosocial-spiritual medical model to honor Dr. A.T. Still's commitment to holistic and alternative medicine. This program will update many of the philosophies, practices and principles of the osteopathic profession to be more current and up to date in modern times.

The workshop of the 7s's which stands for supervising, staging, screening, sequencing, stacking, sustaining, and supporting our patients. This workshop will provide all the participants with a much greater ability to deliver an extraordinary, quality, efficient and effective medical history, examination and treatment program with the patient being fully participating and empowered.

Course Objectives

The ability to complete a high quality osteopathic neural musculoskeletal history, exam and treatment within 15 to 30 minutes with an extraordinary and efficient patient office visit.

Course Attendees

DO/MD medical students, Primary Care Resident, Physicians

Continuing Medical Education

20 credits of AOA Category 1-A CME are anticipated.

Course Location

AAO Office
 3500 DePauw Blvd, Suite 1100
 (Pyramid 1, Floor 10)
 Indianapolis, IN 46268
 Closest airport: IND

Course Dates & Times

- Friday, August 28, 8:00 am–5:00 pm
- Saturday, August 29, 8:00 am–5:00 pm
- Sunday, August 30, 8:00 am–12:00 pm

Meal Information

Lunch provided Friday and Saturday (gluten-free and vegan options available). Coffee and hot tea provided daily.

Course Director

Roger W. Beaumont, DO is a board-certified osteopathic physician who currently serves as an Adjunct Associate Professor at the Medical College of Wisconsin in Milwaukee. He has held faculty appointments at both the Medical College of Wisconsin and the Department of Family Practice at the Chicago College of Osteopathic Medicine, where he has been actively involved in teaching medical students and osteopathic residents the principles and practice of osteopathy. His clinical work focuses on the integrative management of musculoskeletal disorders, cranial osteopathy, sports medicine, workers' compensation and auto injuries, chronic pain, pediatric care, lifestyle medicine, preventive care, and complex care management. Dr. Beaumont has published on topics such as "The New Era of the Biopsychosocial-Spiritual Medicine Model" and "The 7's of an Efficient and Effective Osteopathic Patient Visit." His recent honors include delivering the Fred C. Tinning Founder's Day Osteopathic Lecture at A.T. Still University-Kirksville College of Osteopathic Medicine in October 2023 and receiving the Outstanding Family Medicine Clerkship Preceptor Award from the Medical College of Wisconsin, recognizing his dedication to medical student education.

Registration Fees	On or Before July 29, 2026	July 30 - August 19, 2026	On or After August 20, 2026
Academy members in practice*	\$810	\$900	\$1000
Resident/Postgraduate	\$630	\$700	\$800
SAAO Member	\$360	\$400	\$500
Non-member practicing DO or other health care professional	\$1170	\$1300	\$1400
Non-member Resident/Postgraduate	\$990	\$1100	\$1200
Non-member Student	\$810	\$900	\$1000

* AAO Associate Members, International Affiliates and Supporter Members are entitled to register at the same fees as Academy Members in practice.

Questions or need additional information? Contact event planner Dreonna Howard at eventplanner@academyofosteopathy.org