

# Convocation 2025 Student Track Lectures & Workshops

## The Protégés: Walking in the Footsteps of Giants

Register: [www.academyofosteopathy.org/convo25saao](http://www.academyofosteopathy.org/convo25saao)

### Wednesday Activities (updated 1/6/2025)

*SAAO Executive Council & Chapter Officers*

*Kristie Petree, DO*

*Christopher A. Medina, DO*

*Opening Reception*

*Hollis H. King, DO, PhD, FAAO, FCA*

SAAO Board of Governors Day 1, 12pm-5pm

NUFA Program 12pm-3pm (NUFAs only):  
Unconventional HVLA

NUFA Program 3PM-4:45pm (NUFAs only): Integrating  
Visceral OMM Approaches to Diagnosis and Treatment

Open to all 5pm-7pm

Evening with the FAAOs, 7-9pm (lecture open to all)

### 9pm-10:30pm Wednesday Evening Workshops (updated 1/6/2025)

*Sheldon Yao, DO, FAAO*

Introduction to  
Facilitated Positional  
Release (FPR)

In this workshop, students will be introduced to Facilitated Positional Release (FPR), a technique developed by Dr. Stanley Schiowitz, DO, FAAO. The session will cover the origin and principles of FPR, emphasizing its application in osteopathic manipulative medicine. Participants will learn how to apply FPR to various regions of the spine, enhancing their understanding of this gentle and effective technique. Through hands-on practice and guided instruction, students will gain the skills needed to address musculoskeletal issues using FPR and expand their osteopathic treatment repertoire.

*Nicole A. Fremarek, DO,  
MBA*

Osteopathic Approach  
to Common Chief  
Complaints

In this hands-on workshop, participants will develop practical skills and deepen their understanding of how osteopathic principles and techniques can be applied to a variety of common chief complaints in multiple specialties. The workshop will focus on demonstration and practice of osteopathic manipulative treatment (OMT) in the context of real-world clinical presentations.

### 8am-11am Thursday Morning Lectures

*No Signup Required*

*Sean J. Moloney, DO*

Welcome

*Edward G. Stiles, DO, FAAODist*

Mentoring: An Osteopathic Perspective

*Brian F. Degenhardt, DO*

The State of Osteopathic Research

*William Stager DO, MPH, MS, FAAFP, FAAMA,  
FAAO, FACOFP dist.*

Robert C. Fulford, DO, FCA: Physician, Philosopher,  
Healer, Teacher

*Mico (Margaret) Sorrel, DO, FCA*

Cranial Contributions of Dr. Charlotte Weaver

### 2:30-4pm Thursday Student Workshops (during SAAO BOG Day 2)

*Daniel B. Moore, DO,  
FCA*

Introduction to  
Osteopathy in the  
Cranial Field

Background, origin, development, and application of Osteopathy in the Cranial Field. Time of the workshop will be split between brief lectures and palpatory training and experience opportunity.

*To Shan Li, DO*  
Making Tensegrity  
Come Alive  
(For OMS II/OMS III)

The lab will highlight the similarities between standard physical diagnosis and osteopathic structural diagnosis. With examples and guidance, students will explore the body's remarkable ability to respond to OMT, regardless of technique, and witness the dynamic interconnectedness of the body in new and interesting ways.

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### 4:30-6pm Thursday Student Workshops (during SAAO BOG Day 2)

*Daniel B. Moore, DO,  
FCA*

Introduction to  
Osteopathy in the  
Cranial Field

Background, origin, development, and application of Osteopathy in the Cranial Field. Time of the workshop will be split between brief lectures and palpatory training and experience opportunity.

*Robert N. Agnello, DO,  
FACOPF*

Lets Get to the  
Point: Integrating  
Acupressure  
into Osteopathic  
Medicine  
(For OMS I/OMS II)

Join us for an engaging and hands-on workshop designed specifically for osteopathic medical students at the American Academy of Osteopathy in 2025. This session will delve into the art and science of acupressure, exploring its synergy with osteopathic principles to enhance patient care. Participants will gain understanding of how to integrate acupressure techniques with osteopathic manipulative treatment (OMT). Through interactive demonstrations and practical exercises, attendees will develop essential skills in identifying and applying pressure to key acupressure points, aimed at alleviating pain and improving patient function.

### 8am-12:30pm Friday Morning Lectures

*No Signup Required*

*Alexander S. Nicholas, DO, FAAODist*

Principles of HVLA

*Richard L. Van Buskirk, DO, FAAO*

Still Laughlin Techniques and the Evolution of Still's Methodology

*Kimberly Wolf, DO, FAAP, FAAPO, FACOP*

Pediatric Osteopathic Research Update

*Keith Turner Slich, DO*

Still's Exaggeration of the Lesion

*George J. Pasquarello, DO, FAAO*

Hand-Held Ultrasound: Office Diagnosis Efficiency for the OMM practitioner

### 2-3:30pm Friday Student Workshops

*Regina K. Fleming, DO*

Still Technique and  
HVLA for the  
Lumbosacral Region  
(For OMS II/OMS III)

Do you struggle with correctly diagnosing the sacrum? Do you wish you knew some easy general techniques to treat the sacrum and the lumbar spine? Are you interested in learning how to treat the sacrum seated? Then come to this workshop, where you will learn how to treat the sacrum and lumbar spine using Still Technique and HVLA. You will learn techniques for specific diagnoses of the sacrum and lumbar spine as well as "shotgun" techniques to use in case you struggle with diagnosing these regions.

*Travis Gordon, DO, MSc*

Linea Alba: The  
Emotional Root  
(For OMS I/OMS II)

The linea alba is generally understood as a fibrous "white line" extending from the xiphoid process to the pubic bone that mostly serves to stabilize core muscles. Dr. Robert Fulford often emphasized the emotional importance of the linea alba in his osteopathic teachings, and many osteopaths have witnessed emotional releases in its treatment. What is this mysterious structure? This workshop delves into the linea alba's role as a recorder of in-utero emotional trauma leading to abdominal hernias, sympathetic facilitation, Chapman points, surgical interventions and more. This is a practical, root-cause analysis and hands-on treatment of human trauma.

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### 4-5:30pm Friday Student Workshops

*Regina K. Fleming, DO*

Still Technique and  
HVLA for the  
Lumbosacral Region  
(For OMS II/OMS III)

Do you struggle with correctly diagnosing the sacrum? Do you wish you knew some easy general techniques to treat the sacrum and the lumbar spine? Are you interested in learning how to treat the sacrum seated? Then come to this workshop, where you will learn how to treat the sacrum and lumbar spine using Still Technique and HVLA. You will learn techniques for specific diagnoses of the sacrum and lumbar spine as well as “shotgun” techniques to use in case you struggle with diagnosing these regions.

*Lisa A. DeStefano, DO*

Sutural Cranial  
(For OMS I/OMS II)

This workshop will introduce a quick and effective way to diagnose and treat the cranium. An algorithmic diagnosis and treatment approach allows the learner to “deconstruct” the vault hold to understand the cranium’s sutural dysfunctions and strain patterns. The treatment approach is direct, effective, and, most importantly, safe.

### 8am-12pm Saturday Morning Lectures

*No Signup Required*

*Michael P. Rowane, DO, MS, FAAFP, FAAO &  
David R. Boesler, DO, FAAO*

Beyond Zink (lecture updated 12/20/24)

*Lisa Ann DeStefano, DO*

Sutural Cranial Approach

*Karen M. Steele, DO, FAAO, FCA*

Harold A. Blood, DO, FAAO, Memorial Lecture: What I  
learned from Richard H Still, Jr., DO, Great-Grandson of  
A.T. Still

*Hugh Ettlinger, DO, FAAO, FCA*

The Work of Anne Wales, DO

### 1:30-3pm and 3:30-5pm Saturday Student Workshops

*Amy Joy Selwach, DO,  
MBA*

Visceral and Lymphatics  
Palpatory Experience  
and Techniques  
(OMS I/OMS II)

The purpose of this workshop is to provide a venue for students to gain additional experience feeling and treating the viscera and lymphatics. They will have the opportunity to receive hands-over-hands guidance while palpating viscera and lymphatic motion, as well as be introduced to simple yet effective and potent treatment techniques.

*International Track  
(Republic of Korea)*

Korean Medicine  
Approach to Cervical  
Somatic Dysfunction

A hands-on workshop with Chuna Manipulative Treatment techniques for cervical somatic dysfunction, occipital bone dysfunction, and a discussion of approaches to medical acupuncture.

### 8am-12pm Sunday Morning Lectures *No Signup Required*

*Sajid Surve, DO, FAAO*

FAAO Dissertation: Osteopathic Approach to the Voice

*Rebecca Giusti, DO*

Foundations of Osteopathic Medicine 5th Edition Update

*Jordan Keys, DO*

C.O.R.K. Conference on Osteopathic Research and Knowledge  
Update

*Ajay Sharma, DO and Kavin T. Williams,  
CPC, AAO Consultant*

Coding E/M service, OMT with Modifier-25

*Sean J. Moloney, DO*

Closing Remarks