

# Sequencing 1: The Art of Finding the Key

**Date: March 12-14, 2023**

**Location: The Broadmoor**

**Course Director: Charles Beck, DO, FAAO**

**Register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org)**



## Course Description

Developed by Edward G. Stiles, DO, FAAO Dist, sequencing is a method of locating the key area in which to treat in the body. The sequencing is a principles-based approach that can be applied in any patient position (standing, sitting, supine or prone) and can lead you to the key area to treat. By locating the key area (the Area of Greatest Restriction, AGR or Area of Greatest Hinderance), the practitioner can more effectively and efficiently treat the patient. The principles then allow the practitioner to get as specific as necessary in locating the AGR before treatment commences. By treating the areas that are most restricted in the body and then after each change re-evaluating the patient to find the next AGR, each patient treatment becomes unique. The potential for change in each treatment is maximized. Each treatment AND each visit are unique and tailored specifically to that patient and that day. The patient's complaints resolve more rapidly and with much less effort on the part of the practitioner.

Sequencing also allows the practitioner to utilize the patient's body as a "measuring stick" for progress between treatments (i.e. if different areas are located as the AGR in successive treatments, the body is changing). Sequencing is unique to Dr. Stiles and his students (who will be teaching this course).

## Course Goals & Objectives

- At the conclusion of the course, the student will understand eye dominance and how to use it in diagnosis and treatment
- The student will understand the principles of tensegrity and how to apply them to the body during diagnosis and treatment
- The student will understand how to differentiate between the upper and lower half of the body restriction
- The student will be able to demonstrate how to locate the area of greatest restriction
- The student will be able to demonstrate how to select the treatment type to match the dysfunction

## Continuing Medical Education

20.5 credits of AOA Category 1-A CME anticipated

## Course Location

The Broadmoor  
1 Lake Avenue  
Colorado Springs, CO 80906

## Course Dates & Times

- March 12, 2023 8:00am-5:30pm
- March 13, 2023 8:00am-5:30pm
- March 14, 2023 8:00am-12:30pm

## Meal Information

Coffee and tea will be provided. Breakfast and lunch are on your own.

## Course Director

Charlie Beck, DO, FAAO graduated from the Pikeville College School of Osteopathic Medicine (now the University of Pikeville) in 2004. He was one of Pikeville's first undergraduate fellows, staying an extra year in medical school to study osteopathic manipulation more in depth. Taught by Edward G. Stiles, DO, FAAODist, Charlie was given an excellent foundation for learning manipulative medicine. He is the first resident in Neuromusculoskeletal Medicine in the history of his hospital and his state (Westview Hospital in Indianapolis, Indiana). Charlie has taught courses and given presentations here in the U.S. for the AAO, the Cranial Academy, the Indiana Academy of Osteopathy, and numerous countries around the world. He is a published author and researcher. As his learning deepens by working with others he is always searching for the commonalities between different practitioners and healing styles. This has allowed him to bring together osteopathy with dentistry and vision to give a unique perspective on your illness/injury. He continues to strive to integrate this learning into principles that are easily taught to others. His primary practice is in Lebanon, IN.

## Registration Fees

	On or before January 11, 2023		January 12 through February 23, 2023	
	With Convo	Without Convo	With Convo	Without Convo
Academy member *	\$701	\$779	\$791	\$879
Nonmember DO, MD, or other healthcare professional	\$476	\$529	\$566	\$629
Student Members	\$296	\$329	\$386	\$429
Nonmember practicing DO or other health care professional	\$1,061	\$1,179	\$1,150	\$1,278
Nonmember resident or intern	\$774	\$860	\$925	\$1,028

\* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

Questions or need additional information? Contact event planner Jasmine Eisinger at [eventplanner@academyofosteopathy.org](mailto:eventplanner@academyofosteopathy.org)

