# **Basic Percussion Hammer**

Date: March 12-14, 2023 Location: The Broadmoor

Course Director: Richard W. Koss, DO

Register online at www.academyofosteopathy.org



This course is based on the life work of Robert C. Fulford, DO in Osteopathy, life energy, vibration, and the use of the percussion vibrator. This course introduces these basic osteopathic philosophic and practice principles that Dr. Fulford perfected is his over 55 years of exploration and clinical practice. This is the same course Dr. Fulford himself taught in the last decade of his life. An extra day has been added to present basic concepts and palpatory skills needed to understand the percussion techniques and principles as taught by Dr. Fulford

# **Course Goals & Objectives**

- To understand the life, philosophy, and osteopathic medical practice of Robert C. Fulford, DO
- To introduce Fulford's concepts of vibration, Love, and Breath in osteopathic philosophy and practice.
- To introduce concepts of subtle energy and life energy in the philosophy and practice of osteopathy.

# Continuing Medical Education

24 credits of AOA Category 1-A CME anticipated

## **Prerequisite**

Successful completion of and approved 40hour Introductory Course in Osteopathy in the Cranial Field

#### **Course Location**

The Broadmoor 1 Lake Avenue Colorado Springs, CO 80906

#### **Course Dates & Times**

- March 12, 2023 8:00am-6pm
- March 13, 2023 8:00am-6pm
- March 14, 2023 8:00am-4pm

### **Meal Information**

Coffee and tea will be provided. Breakfast and lunch are on your own.

## **Course Director**

Richard Koss, DO was awarded a BS in Physical Education Summa Cum Laude from Springfield College in Springfield, Massachusetts in 1976. He continued a Fellowship and teaching assistant in Anatomy & Physiology for 2 years at Springfield. Dr. Koss received his D.O. degree at AT Still University in Kirksville, Missouri in 1982 and subsequently performed a rotating internship at Normandy Osteopathic Hospital in St. Louis, Missouri. He joined the US Air Force in

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1983 and served in Family Practice and as a Flight Surgeon, Chief of Air Transport, Chief of Emergency Services, and Chief of Family Practice. He returned to Kirksville in 1987 to pursue a residency in OMM. He joined the faculty at AT Still University in 1990 as OPP assistant professor. He then joined the faculty in the OMM Department at University of North Texas Health Sciences Center in Fort Worth, Texas as department vice chair. He passed Specialty Board Exams for both the ACOFP and OMM in 1991. Since 1999, Dr. Koss has been in private practice, specializing in OMM.

Dr. Koss took his first percussion hammer course from Dr. Fulford in 1987 and again in 1988, and was table trainer in 1989. Dr. Koss presented a paper on the Bioelectric Properties of Fascia at the 1990 AAO Convocation in Cincinnati, Ohio. From 1990 until Dr. Fulford's passing in 1997, Dr. Koss designed and taught both Basic and Advanced Percussion Hammer Courses with Dr. Fulford.

Richard W. Koss, DO continues to provide instruction on Osteopathic Philosophy and Principles and Dr. Fulford's principle of Osteopathy and the use of the percussion hammer all over the world.

# **Registration Fees**

#### On or Before January 11, 2023

#### January 12-February 23, 2023

	With Convocation	Without Convocation	With Convocation	Without Convocation
Academy member in practice*, DO,MD	\$843	\$936	\$932	\$1,036
Member resident or intern, DO, MD	\$617	\$614	\$710	\$786
Student Members	\$372	\$414	\$463	\$514
Nonmember practicing DO or MD's	\$1,202	\$1,336	\$1,292	\$1,436
Nonmember resident or intern, DO, MD	\$977	\$1,086	\$1,067	\$1,186

<sup>\*</sup> The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

