

American Academy of Osteopathy®



CATALOG OF AAO ONM RESIDENCY PROGRAMS



From AOA NMM/OMM to ACGME ONMM: Accredited Residency Training

An overview of the residency program types that lead to board eligibility for AOBNMM certification

The Purpose

ONMM programs are unique in their dedication to the study of neuromusculoskeletal disorders (NMM) and the practice of osteopathic manipulative medicine (OMM). Completing an ACGME-accredited osteopathic neuromusculoskeletal medicine (ONMM) program will provide a strong foundation for osteopathic evaluation of neuromusculoskeletal disorders and their treatment in outpatient and inpatient, medical, surgical, pediatric, and OBGYN patients. There is a dedication to the study of osteopathic principles and practice built into the program requirements. The intent of this specialty was to have a place of recognition and study for those interested in pursuing the primary specialty originally known as OMM. It evolved into the specialty of neuromusculoskeletal medicine/osteopathic manipulative medicine (NMM/OMM) and is known today as Osteopathic neuromusculoskeletal medicine (ONMM).

Understanding the Role of the AOA and ACGME in ONMM Board Certification

The American Osteopathic Association (AOA) confers *primary* board certification in neuromusculoskeletal medicine and osteopathic manipulative medicine (NMM/OMM). When our training was through the AOA, there were two routes to board certification in NMM/OMM, via two distinct residency programs: a traditional three-year program (two years dedicated to NMM/OMM and a rotating internship, either as part of the program or as a separate TRI), and the Plus One residency program. There were also integrated programs that led to NMM/OMM certification. and another primary board certification.

As programs have now transitioned to the Accreditation Council for Graduate Medical Education (ACGME), the name has changed from NMM/OMM to Osteopathic Neuromusculoskeletal Medicine (ONMM). ONMM training remains the only pathway to AOBNMM board certification.

The Pathways

There are some distinct differences between the structure of the AOA and ACGME programs. Rather than having two distinct programs, the NMM/OMM and Plus One program, all training options are covered by the ACGME-accredited ONMM program. The ACGME has recently approved the ONMM residency to include the 1st year of training, for a total of three years. The first year remains a broad-based internship, with the ONMM 2 and 3 years dedicated to specialty training. Residents may enter at the ONMM 1, 2, or 3 level, depending on their prior training. Residents entering at the ONMM1 level will complete their training after 36-months. Residents entering at the ONMM2 level will complete their training after 24-months. Residents entering at the ONMM3 level complete their training within 12 months.

All programs are accredited for all options, but may determine at which level they want to accept applicants. Those who complete an ACGME-accredited ONMM program will be AOBNMM board eligible. Residents who wish to combine two specialties can enter an ACGME combined program for 48 months of training, or complete a three-year residency in another specialty that incorporates strong OMM components, and enter ONMM3 in year four. Both options result in board eligibility in both specialties within 48 months.

To enter at the ONMM1 level of the program, applicants may apply through the NRMP match in their 4th year of medical school. For those seeking a full ONMM residency, the advantages of entering in their 1st year are the ONMM experience, and the ability to train in a single location, and becoming familiar with the hospital and its services prior to entering their dedicated ONMM years.

To enter at the ONMM2 level of the program, applicants must have completed a postgraduate year in one of the following: AOA-approved rotating internship, AOA-approved preliminary internship in NMM, ACGME-accredited transitional year, ACGME-accredited family medicine (PGY-1 year), or ACGME-accredited PGY-1 year in any other program where the resident is able to obtain a broad-based education. There are no specific rotation requirements allowing flexibility in your choice of first years. It is recommended the program have Osteopathic recognition to make up for the ONMM experience in the ONMM 1 year. Residents applying from a first year without Osteopathic Recognition should seek ways to receive Osteopathic training to support their application.

To enter at the ONMM3 level of the program, applicants must complete an AOA-approved or ACGME-accredited residency program with Osteopathic Recognition. Residents also must have completed 12 months of rotations that could be applied to the ONMM program. Residents should also show a significant Osteopathic component in their training. It is recommended they complete 300 ONMM outpatient visits, and 15 treatments in the areas of pediatrics, surgery, Ob/Gyn, and 15 inpatient ONMM consults. The ONMM Program Requirements may be found on the ACGME website. If your training doesn't exactly match the requirements listed, contact the programs you're interested in. The program director has flexibility to work with you and help tailor a program based on the education you have, and your training goals.

ONMM remains the gold standard for osteopathic training and certification.

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AAO ONMM Residency Catalog is also available online.

For more information, visit <u>academyofosteopathy.org/residency-training</u>.



PHILADELPHIA COLLEGE OF **OSTEOPATHIC** MEDICINE_{TM}

Osteopathic Neuromusculoskeletal Medicine (ONMM)

Philadelphia, PA

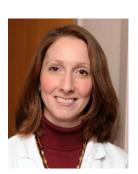






Offering

- ONMM2 pathway Traditional 2-year program
 - o After successful completion of PGY-1
- ONMM3 pathway "Plus-1 year" program
 - o After successful completion of a residency
- Seven (7) full-time OMM faculty members
 - o With varied training backgrounds and 100+ years of combined **OMM** expertise
- Friendly and cooperative administrative and clinical office staff
- Robust didactic schedule in small-group format
- Ample opportunities for teaching, research, and collaboration with other PCOM residents
- Excellent benefits package, including money allotted for CME or educational travel/expenses
- The diversity of Philadelphia and its suburbs
 - o Culture, food, events, nightlife, sports, the arts; easy travel to beaches and mountains; access to regional rail and Amtrak; close international airport; housing options for country, suburban, or urban settings



Program Director: Lauren Noto-Bell, DO

Inquiries to Program Coordinator: Mary Wilson

(: 215-871-6482 ☑: MaryMc@pcom.edu

Please note: At this time, we are self-funded and are only able to accept one (1) trainee at a time, in either the ONMM2 or ONMM3 pathway. We also do not participate in the Match.

STONY BROOK SOUTHAMPTON HOSPITAL

240 Meeting House Lane . Southampton . New York . 11968



Lawrence Barnard, DO Program Director

Residency training at Stony Brook Southampton hospital began under the umbrella of "The Residency Program in Social Medicine," with the belief that health is not the absence of disease, but a state of spiritual, physical, social, economic, and psychological well-being. We believe healthcare is a matter of social justice. We are dedicated to the full application of the biopsychosocial model. We seek to work collaboratively with patients and their families, colleagues and communities to provide excellent patient-centered care. We support a context that fosters health by providing culturally-sensitive and respectful care.

The ONM 3 Program is an initially accredited program with the ACGME. The objective of this residency is to provide a comprehensive and longitudinal experience that will afford residents exposure to the various required disciplines in inpatient & outpatient settings, strong didactics, 100% NMM board certified faculty (4) with emphasis on hands over hands training.

Training will also include varied approaches to patient care including injections, functional medicine, integrative medicine, acupuncture.





Sneak peek at what ONM 3 training program has to offer:

- Full OMM hospital consult service
- Weekly OMM continuity clinic sessions
- Weekly OMM didactics
- No Call
- 3 months of elective time
- Research opportunities
- Attend Cranial Course and AAO Conference

Rotation/Elective Opportunities:

- Addiction Medicine
- Acupuncture
- Hospice & Palliative Medicine
- Integrative Medicine
- Neurology
- Obstetrics

- Orthopedics
- Pain Management
- PM&R
- Pediatrics
- Rheumatology
- Sports Medicine

For more information about the program visit us at https://southampton.stonybrookmedicine.edu/rpsom/for-fellows/nmm-plus-one or contact us at 631-726-0409

St. Barnabas Hospital Osteopathic Neuromusculoskeletal Residency Program 2022-23



Hugh Ettlinger, DO, FAAO

Chairman, Department of Osteopathic Medicine Program Director, Osteopathic Neuromusculoskeletal Medicine Residency Associate Professor of OMM, New York Institute of Technology — College of Osteopathic Medicine

Jeremy Shugar, DO

Associate Program Director, Osteopathic Neuromusculoskeletal Medicine Residency Assistant Clinical Professor of OMM, Touro University College of Osteopathic Medicine New York City, New York, NY

Sheldon Yao, DO, FAAO

Faculty, Osteopathic Neuromusculoskeletal Medicine Residency

Chair of OMM Department, New York Institute of Technology - College of Osteopathic Medicine

Dennis Burke, DO

Faculty, Osteopathic Neuromusculoskeletal Medicine Residency Associate Professor of OMM, Touro University College of Osteopathic Medicine Middletown, New York, NY

Ben Taylor, DO, Faculty, Osteopathic Neuromusculoskeletal Medicine Residency Private practice, Brooklyn, NY

Letter from the Program Director



Thank you for your interest in the SBH Osteopathic Neuromusculoskeletal Medicine (ONMM) Residency Program. SBH has been training ONMM specialists since 1993. Our program is approved for Continuing accreditation by the Accreditation Council for Graduate Medical Education (ACGME).

This program was designed for the study and application of osteopathy across a broad range of clinical scenarios within a diverse patient population. The clinical aspect of our training takes full advantage of the hospital's complex and underserved patient population. SBH Health System has a 200-bed acute care facility that is currently a level 2 trauma center. There are busy medical and surgical inpatient services, and we perform between 500 to 1000 consults per year on medical, surgical, and trauma patients. There is also a newborn nursery, a dedicated pediatric floor, and a labor and delivery unit that performs 1000 to 1500 births per year. OMT has become a part of the routine care for these services, as we treat every newborn, pediatric, and postpartum patient at SBH.

Our didactic curriculum is broad in scope and collaborative in nature – we meet daily for lectures on anatomy, physiology, mechanics, and osteopathic philosophy. We have a weekly journal club and residents are encouraged to develop research projects on the use of OMT. We have weekly resident and faculty led hands-on labs. There are also educational bedside rounds with the surgical and medical services and teaching rounds with the emergency medicine and pediatric departments.

We invite you to spend time studying applied osteopathy with us. I encourage you to explore the program for yourself. We will be happy to work with you to schedule a visit!

Hugh Ettlinger, DO, FAAO

Chairman, Department of Osteopathic Medicine
Program Director, Osteopathic Neuromusculoskeletal Medicine Residency
Associate Professor of OMM, New York Institute of Technology

- College of Osteopathic Medicine





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About SBH

St. Barnabas Hospital is the flagship of SBH Health System, a major healthcare network providing the Bronx community with quality inpatient and outpatient medical, surgical, emergency, dental and mental healthcare services at multiple locations throughout the borough. Since its founding more than 150 years ago, SBH has continually adapted to the changing healthcare needs of the community. Today, the hospital assures timely access to the highest quality of care for the increasingly diverse populations residing in the Bronx. St. Barnabas is a nonprofit, nonsectarian, 200-bed, acute care, 911-receiving hospital that holds state designations as a regional trauma center, stroke center and AIDS center, as well as a federal designation as a community Center of Excellence in women's health.



Come Rotate:

We welcome students at all levels of training, whether it's to come and observe for a day or learn more about what we do at SBH on a month-long rotation.

No matter your skill level we will work hard to help you meet your goals. Our simple online application can be filled out anytime.

www.sbhny.org/ONMMResidency

SUBJECT	DEDICATED TIME
Core Lectures - Anatomy, Biomechanics, Osteopathic Philosophy, Foundations of Osteopathic Medicine	4 hours/week
Hands on Attending Lab	1 hour/week
Resident Run Lab	4 hours/month
Medicine OMT Rounds	2 hours/month
Surgical OMT Rounds	1 hour/week
ED OMT Lecture	1 hour/month
Internal Medicine/Pediatric Grand Rounds	As requested
Resident Clinical Case Conference	1 hour/month
Journal Club	3 hours/month

To Apply:

The ONMM program is now approved as a full 3-year program. SBH has had their ONMM 1 year (internship) approved, and recommend students apply for the categorical (full 3 year program) if they are planning to specialize in NMM/OMM. Applications are accepted through ERAS. We participate in the ACGME National Matching Service (NMS) match. We also accept applications for the ONMM-2 year for those who have completed a broad based first year and want to pursue NMM/OMM as a specialty, depending on availability.

SBH is also approved for, and, based on availability, accept residents into the 1 year, ONMM 3 program, the ACGME equivalent of the AOA Plus 1 program.

For applications to either the ONMM 2 or ONMM 3 entry levels, please contact **hettlinger@sbhny.org**. We accept ONMM 2 and ONMM 3 residents outside the match.

Get in Touch: If you have any questions along the way or would like to set up a rotation I would be happy to help.

Hugh Ettlinger, DO, FAAO: hettlinger@sbhny.org

By the Numbers:

- SBH has been training ONMM specialists since 1993
- SBH has graduated 75 ONMM Specialists in that time
- The inpatient consult service sees
 500 – 1000 consults annually
- We see almost 1500 babies born per year at SBH
- About 2000 patients come to our ambulatory clinics
- Impressive 10-acre landscaped campus with 200 hospital beds
- Affiliated with the Albert Einstein College of Medicine, NYIT College of Osteopathic Medicine, and CUNY School of Medicine
- Training programs for 250 physicians in 9 different specialties
- New York State-designated Level 2 ACS Certified Trauma Center
- New York State-designated AIDS Center
- Two ambulatory care sites
- Medical library with internet access
- Simulation lab access



www.sbhny.org/ONMMResidency



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Atlantic Health System Morristown Medical Center



Atlantic Health System Osteopathic Neuro Musculoskeletal Medicine (ONMM 3) At Morristown Medical Center Family Medicine – Morristown, NJ

Program Director - Jonathan Torres, D.O., MPA, FAAO, FACOFP Faculty - Joseph Melograno, D.O.; Dorothy Klingmeyer, D.O.

We are a diverse ONMM-3 (plus one) program which is continually accredited and Osteopathically Recognized by the ACGME. We have robust inpatient and outpatient experiences with ample opportunity to care for stable and acutely ill patients, including laboring women and hospitalized children.

We also offer a complementary osteopathically recognized family medicine residency at our site.



Program Outline:

- Eclectic OMT modalities
 - o HVLA/ME
 - o Cranial
 - o BLT/LAS
 - Needle-assisted myofascial release
- In-depth weekly didactic schedule
- Subsidized resident housing available
- Moonlighting opportunities

Research Focus:

- Numerous OMT clinical studies underway
 - Labor Induction OMT Study
 - Otitis Media OMT Study
- AAO LBORC Poster Competition
 - o First Place 2018 & 2019



RESIDENCY HIGHLIGHTS

- All rotations within system
- Robust inpatient experience
- Obstetrics rotation including: providing OMT on women in active labor
- Newborn nursery, inpatient unit and office-based pediatrics opportunities
- Office -based injections
 - o Steroids and Prolotherapy
 - Ultrasound guided & Landmark guided injections
- Outpatient Botox injections (Migraine and spasticity)
- Dedicated cadaver injection lab experience
- 40 Hour Cranial Course and Convocation provided
- Salary \$70,191

Department of Family Medicine 435 South Street Suite 220A Morristown, NJ 07960 T 973.971.4222 F 973.290.7050 Jonathan.Torres@atlantichealth.org



ONMM3 Pathway "Plus 1 Year"



Program Director
DANIELLE
COOLEY, DO
(cooleydl@rowan.edu)



Program Coordinator
ALEJANDRA COE
(coe@rowan.edu)



Our ONMM3 Residency is ideal for residents who want to hone their osteopathic manipulative skills to better serve their patients. We emphasize the philosophy of incorporating the mind, body, and spirit when approaching the treatment of a whole patient. This program provides resident physicians extensive clinic time to diagnosis, assess treat and manage patients in all settings, including ambulatory and acute care. These skills will be attained through supervised clinical experiences, didactic education, and clinical rotations. Residents will be mentored on interpersonal skills, leadership, systems-based practice and practice-based improvement for an osteopathic physician.

The program is conducted through RowanSOM's Neuromusculoskeletal Institute (NMI). The NMI is a multidisciplinary center that includes the departments of Osteopathic Manipulative Medicine, Orthopedics, Physiatry, Physical Therapy, Headache Medicine and Substance Use Disorder. The NMI is recognized as the first Center for Excellence in the state of New Jersey. Residents treat patients who are referred from these specialties, as well as those referred from the larger medical community. ONMM3 residents will have extensive clinic time to learn to apply OMM into a variety of patients with both acute and chronic disease. Residents participate in weekly didactic sessions in osteopathic philosophy, anatomy and embryology throughout the year.









Northern Light EMMC ONMM3 Residency Bangor, Maine

Program Components

Established Clinical Components

- Outpatient ONMM continuity clinic, including obstetrics and pediatrics
- Inpatient ONMM consultation service, including obstetric and newborns
- ONMM Sports Medicine clinic for NCAA Division I athletes
- 2 week optional away elective rotation with NMM certified DO
- · Required rotations/electives on site including Pain Management, Neurology, Radiology, PM&R, Rheumatology, etc.
- Access to Arizona Integrative Medicine Fellowship, Acupuncture, and Medicine in Ceremony-Indigenous Medicine Mini Fellowship

Didactics / Education

- Weekly didactic sessions osteopathic reading discussions, Journal Club, hands-on technique review using multiple OMT Modalities, board preparation and anatomy review
- Monthly Osteopathic Grand Rounds lecture/lab/table training experience including teaching MDs
- Attendance at the American Academy of Osteopathy's Annual Convocation/In-Training Exam

Teaching Experiences

- Junior Faculty role /Active Medical Staff
- Inpatient/Outpatient OMM and medical precepting experience
- Teacher's Assistant in weekly gross anatomy lab dissection
- Present formal osteopathic grand rounds lecture and lab
- Table trainer for residents/students

Requirements

- Graduate of an AOA residency or an ACGME residency with Osteopathic Recognition
- Completion of 40-hour Basic Cranial Course (SCTF or Cranial Academy)
- NL EMMC application with 3 professional references
- Virtual interview to selected candidates-subject to change to in person

Benefits

- Salary: \$73,797 (based on anticipated 3% increase)
- 20 paid days off (includes 6 holidays)
- 5 paid days for Continuing Medical Education (CME)
- Scheduled time off for conferences
- \$2,000 professional development fund
- ITE travel paid by program
- Liability Insurance, Life and Disability Insurance
- Health and dental insurance (group plan available for spouse/SO and dependent children)
- Moonlighting available
- Health Club discounts

Affiliations

- Northern Light Eastern Maine Medical Center 411- bed, Level 2 trauma center
- Northern Light EMMC Family Medicine Residency Program ACGME with Osteopathic Recognition
- University of New England College of Osteopathic Medicine
- **NEOMEN OPTI** OMT Updates twice a year
- Husson University Gross Anatomy
- University of Maine Orono ONMM Sports Medicine Clinic

Program Director
K. Emily Redding, DO
Board Certified Family Medicine and NMM
Email: eredding@northernlight.org

Program Coordinator
Marie Pelkey, MS
Email: mpelkey@northernlight.org
Phone: 207-973-7973

Priorie: 207-973-7973



ONMM3 Residency at Maine-Dartmouth

www.mainedartmouth.org



Please consider the ONMM3 Residency at Maine-Dartmouth Family Medicine Residency!

Based in Waterville, Maine ACGME-accredited

Benefits include:

- Salary of at least \$69,630
- Ability to purchase group health & dental insurance
- 21 days of paid time off
- 6 weeks of paid parental leave
- 5 days of CME
- \$850 CME stipend
- Up to \$1000 for relocation expenses
- Medical malpractice insurance
- AOA and AAO membership
- Reimbursement available to attend AAO Convocation

Program Director: Anna Veach, DO, C-NMM/OMM



We Offer

- Excellent outpatient and inpatient ONMM3 training with an emphasis on kinesthetic learning using a "hands on hands" mentoring approach
- Diversity of educational and clinical opportunities
- Access to the University of Arizona Center for Integrative Medicine's Integrative Medicine in Residency program
- Dedicated faculty with expertise in ONMM, integrative medicine, functional medicine, and acupuncture
- Teaching opportunities with family medicine residents and medical students from UNE, Tufts, and Geisel
- Monthly anatomy lab didactics with nationally renowned neuroanatomist
- An amazing place to live and work, nestled within the lakes and hills region of central Maine

About Maine-Dartmouth

MDFMR sponsors a 10-10-10 unopposed family medicine residency and advanced training in geriatric medicine, sports medicine, and ONMM. All programs



are ACGME-accredited, and the family medicine residency has Osteopathic Recognition. Compassion for the underserved, commitment to team-based care, appreciation for integrative and complementary approaches to health, cultivation of wellbeing, involvement in the community, and devotion to the core tenets of family medicine permeate training throughout our organization. MDFMR and our teaching hospital, MaineGeneral Medical Center, are committed to supporting osteopathic principles and practice.

Anna Veach, DO, C-NMM/OMM

Katie Keene, Program Coordinator

Anna.Veach@mainegeneral.org Kathleen.Keene@mainegeneral.org



www.berkshirehealthsystems.org Pittsfield, MA



Program Director: Stephen Kisiel, DO skisiel@bhs1.org

Berkshire Medical Center, located in the beautiful hills of western Massachusetts, offers a 12-month Neuromusculoskeletal Medicine/Osteopathic Manipulative Medicine Plus-One (ONMM3) Residency since 2012. This additional year of training is aimed at assisting residents to hone and perfect their osteopathic manipulative skills to better serve their patients both in their primary care practice as well as act in a consultative role in ambulatory and hospital settings as well as become our teachers of the next generation.

ONMM3 residents will have extensive clinic time to learn to incorporate OMM into primary care visits as well as spend clinic time in our OMM consultation clinic. They will also spend several months rounding on our OMM hospital consultation service treating a wide variety of pathology including newborns and OB patients. Specific rotations during the residency year will include Neurology, Rheumatology, Pain Management and Physical Medicine & Rehabilitation with electives in Integrative Medicine, Pediatrics, Occupational Medicine and Orthopedics/Sports Medicine.

Book clubs and didactic sessions in osteopathic philosophy, anatomy and embryology will occur ongoing throughout the year. We have a weekly Osteopathic Didactic session in conjunction with our other many Osteopathic students, Interns and residents. Residents will also prepare and present lecture/lab sessions for our other osteopathic trainees to better prepare them as future teachers in the osteopathic profession. In addition we have a monthly Osteopathic Grand rounds with AT Still and anatomy reading and discussion as well as lecture and lab sessions with our guest speaker Dr. Andrew Goldman.

It is our aim to train our physicians to be exceptional OMM/NMM consultants and teachers as well as to incorporate OMM fully into their field of primary residency training to treat patients with levels of disease.

The program is led by Stephen Kisiel, DO a Graduate of NYCOM and board certified in Family Practice/OMT and Neuromusculoskeletal Medicine. Dr. Kisiel is on the clinical faculty at UNECOM and for Dr. James Jealous's Biodynamic curriculum which he teaches both nationally and internationally.







PROGRAM DESCRIPTION

The Still OPTI/NRMC ONMM residency provides unique and comprehensive osteopathic manipulative medicine services to the community through our continuity of care outpatient clinic, hospital-based in-patient consultation services, and academic services to A.T. Still University Kirksville College of Osteopathic Medicine. Our 6 NMM boarded attending physicians offer a variety of teaching and treatment styles.

Residents have access to A.T. Still's archives through the strong association with A.T. Still University-Kirksville College of Osteopathic Medicine and to training in a local community where osteopathic manipulative medicine is highly recognized and eagerly pursued by the local population for their health care needs. This relationship with ATSU-KCOM also gives access to a state-of-the-art human patient simulation lab, ultrasound lab, Museum of Osteopathic Medicine, A.T. Still Memorial Library and the A.T. Still Research Institute. Virtual tours of the campus and area can be seen at https://motour.atsu.edu.

Residents are involved in quality improvement projects allowing them to investigate areas that might lead to medical errors or procedural mistakes for the purposes of protecting patients' safety. Residents also conduct OMM-based research throughout their residency and produce a research paper.

Our ONMM residency program has continued accreditation through ACGME and accepts entry into the program at the ONMM1, ONMM2 or ONMM3 levels.



Eric Snider,DO Program Director



Brian Degenhardt, DO



Brent Dixon, DO



Jonathon Kirsch, DO



Karen Snider, DO



Billy Strait, DO

A.T. STILL UNIVERSITY FIRST IN WHOLE PERSON HEALTHCARE



RESIDENCY HIGHLIGHTS

- Ambulant patient care
- Hospital patient care
- Didactics
- AAO Convocation CME
- KCOM Founder's Day CME
- Writing and Research
- 20 Personal Days (Vacation, Sick, CME) -PGY1
- 20 Personal Days per year (Vacation, Sick) -PGY2 and above
- 10 CME Days per year PGY2 and above
- 6 Paid Holidays
- Meal Allowance
- Temporary license fees paid
- In-training exams paid
- Part III NBOME Boards paid once
- Lab coat allowance
- Poster Presentation allowance
- \$1000 Educational allowance PGY1
- \$1500 Educational allowance PGY2 and above
- Health Insurance
- Moonlighting available
- Low cost of living

Contact Information:

Melissa Yowell melissayowell@atsu.edu 660-626-2537







Michigan State University ONMM Residency

The Michigan State University ONMM Residency Program in East Lansing, Michigan offers entry into ONMM 1, ONMM 2, ONMM 3 and a Plus 1 year. Our Program has been ACGME accredited since 2016, and was the first ONMM program to receive Continued Accreditation. We work hard to provide our Residents with a well-rounded educational experience balanced with overall wellness that will prepare them to be successful Osteopathic Neuromusculoskeletal Medicine physicians.

PROGRAM FEATURES:

- 3-Year Residency Program
- Access to a BIG 10 University
- Exposure to 2 Large ONMM Clinics that see 32,000 plus patients per year
- Weekly Didactics with Special Guests and Statewide Exposure
- Opportunities to Teach/Table Train Medical Students, Physical Therapists, MDs, and many others
- Competitive Salary and Benefit Package
- 20 Vacation Days per Year
- Large CME Budget
- > 5 CME Days per Year

We are a large program with multiple spots available, offering training in our busy, 30 plus room Neuromusculoskeletal clinics located in East Lansing and Grand Rapids, MI. Guaranteed exposure to 22 physicians with diverse training and Board certifications, including NMM, Pediatrics, PM&R, Sports Medicine and Primary Care. The Inpatient experience will be fulfilled by rotating at a brand-new large hospital in the Greater Lansing area.

Our Program includes core rotations in Physical Medicine and Rehabilitation, Sports Medicine, Orthopedic Spine, Rheumatology, Radiology, and many other elective rotations available. Residents will work with a dedicated D.O./Ph.D faculty member on a regular basis to explore and assist with research techniques and presentation.

As part of our program, residents will attend AAO Convocation each year of their residency as well as have opportunities to attend CME of their choosing.

Contact Information

Michele Benton, Program Coordinator bentonmi@msu.edu

For more information on our program, please visit: https://omm.com.msu.edu/index.php/residency



Mercy Health- ONMM 3 Residency

Our Mission is to provide a high quality, intensive, 1-year ONMM training experience to those interested in further enhancing their Osteopathic skill set following the completion of their chosen residency program. Our program is designed to provide an optimal learning and teaching environment for those who wish to pursue Osteopathic theory and practice in both in and outpatient settings and can be tailored to meet the needs of the resident who wishes to pursue either an academic or clinical career pathway. We adhere to traditional osteopathic principles in providing a well-rounded integrated approach to the whole patient and utilize all manner of conventual and alternative management tools.





Our Opportunities:

- Serving a large and diverse patient population with complex conditions seen in busy, in and out- patient clinical settings.
- Interfacing and treating patients from a variety of specialties including Surgery,
 Obstetrics, Pediatrics, Orthopedics, Sports medicine, Occupational medicine,
 Rheumatology, Neurosurgery and in-patient rehabilitation and Physical Medicine
- Freedom to choose electives in your area of interest.
- Strong academic and research support.
- A rich and diverse faculty with strong traditional Osteopathic training and decades of clinical experience.



- A supporting institution dedicated to fostering and nurturing Osteopathic theory and practice, including A.T. Still's focus on 'The triune nature of Man'.
- A faculty that is supportive and /or experienced with alternative and integrative modalities i.e. trigger point therapy, acupuncture, microstim, laser, and functional medicine.
- A host institution that is eager to help support the development, maintenance and dissemination of Osteopathy now and into the future.
- The opportunity to participate in Journal clubs, grand rounds, MM&I, formal didactics and participation with the MSU Statewide Campus System.
- We are affiliated with Michigan State University and encourage our residents to take advantage of their rich and outstanding CME program.
- Competitive salary with excellent benefits including health, CME and PTO
- A beautiful beachside location in West-Michigan.
- For more information and how to apply please visit: https://www.mercyhealth.com/medical-education/muskegon/programs/neuromusculoskeletal-medicine/









Neuromusculoskeletal Program

(ONMM3 Plus One Residency)

About South Pointe Hospital

- Founded as an Osteopathic Hospital in 1957
- Began training ONMM residents in 2010
- · Training programs in 8 different specialties
- Top 5 Ranked Hospitals in Cleveland

About Cleveland Clinic

- Ranked #2 hospital in the nation by US News
 & World Report 2020-2021
- World Renowned for Research and Innovation

Cleveland Highlights

- · Affordable housing in a variety of settings
- Easy access to international airport
- Major sports teams: Indians, Browns, Cavaliers
- Opportunities for research with Cleveland Clinic faculty
- Rich and diverse cultural life including Rock and Roll Hall of Fame, Cleveland Museum of Art, Cleveland Orchestra, Little Italy, Chinatown Nightmarket and much more!

Cleveland Clinic South Pointe Hospital is recruiting for our NMM Plus One (ONMM-3) Residency Program. Our program has achieved ACGME initial accreditation status.

Unique Attributes

- · Resident-driven education
- · Shares the same campus as Ohio University Heritage College of Osteopathic Medicine (OUHCOM)
- Longitudinal teaching rotation with OUHCOM first and second year students, teaching associates, and OMM Honors students
- · Longitudinal inpatient OMM rotation
- Busy outpatient OMT clinic with consistent patient follow-up
- · Access to OUHCOM anatomy lab
- · Access to Cleveland Museum of Natural History's human osteology collection
- Opportunity to teach other residents through combined inpatient OMT/IM/Surgery rounds
- · Monthly opportunities to work with prenatal OMT shared medical appointments

Faculty Highlights

- · 4 C-NMM Faculty with diverse treatment styles
- Teaching faculty in Integrative Medicine, Sports Medicine within the world renowned Cleveland Clinic system

Benefits include

- · Competitive salary and benefits package
- Health and Dental Insurance
- Access to research resources in the Cleveland Clinic system

For more information

http://spgme.southpointehospital.org/Home/ONMM-3/Program-Overview

For Resident Rotations

Debbie Kenyon, Program Coordinator: dkenyon@ccf.org or 216.491.4198

For Student Rotations

Donna Barton, Program Coordinator: bartond@ccf.org or 216.491.7236

TO APPLY

Applications are accepted through ERAS.

Virtual interviews are conducted using Thalamus.

We do not participate in the ACGME Match.



Scan the code & watch the video to learn more about our program!

Contact Us:

 Savannah Harvey Program Coordinator Ph: (304)647-6530

Email: Savannah.Harvey@gvmc.com

Charlie McClung, D.O.
 Program Director
 Ph: (304)793-6556

Email: cmcclung@osteo.wvsom.edu

Pam deWilde, D.O.
 Assistant Program Director
 Ph: (304)647-6335

Email: pdewile@osteo.wvsom.edu



Charles McClung, D.O., AOBNMM Program Director



About Our Program

- GVMC/MS-OPTI ONMM Residency Programs offer ONMM 1, 2, and 3 level positions.
- We are an ACGME Accredited program serving a diverse and robust rural population.
- We have seven full-time ONMM faculty who offer a diversity of training in all treatment modalities, including weekly hand-over-hand training, special didactics lectures, and mentorship.
- Diverse rotations including acupuncture, integrative medicine, sports medicine, neurology, rheumatology, interventional pain, research, academic medicine, international OMM rotations, and outpatient acupuncture
- We offer a strong ONMM inpatient consult service with ample exposure to inpatients with a broad range of diagnoses, obstetrics, pediatrics/newborn nursery, and orthopedics/general surgery.
- Residents have the ability to attend specialty work-shops in Fascial Distortion Model, Proliferative Therapy, Percussion Vibrator, PM&R, Visceral Manipulation, HVLA, Polarity Therapy, Still Technique, NADA Training, and many more.
- Residents are also given the opportunity to participate in cadaveric prosections, presentation of OMM lecture and lab topics to WVSOM medical students, and in OMM research.

About the Area:



- Located in the beautiful Alleghany Mountains of southern West Virginia, our area offers a diverse range of activities and amazing scenery.
- Numerous outdoor adventures in the area such as hiking, biking, disc golfing, fishing, kayaking, rafting, caving, skiing, and snowboarding.
- o Greenbrier County is home to The Greenbrier Resort, with its breathtaking beauty and sweeping landscapes, and offers many amenities such as fine dining, a world-class spa, and outdoor adventures.
- o Greenbrier County is only a few hours travel from major cities such as Washington, D.C.; Charlotte, NC; Richmond, and Charlottesville, VA.
- o Lewisburg: USA Today "Best Small-Town Food Scene 2021!"
- o Lewisburg: USA today's "America's Coolest Small Town."

ONMM-3 Residency

Buies Creek, North Carolina Campbell University is accepting applications for ONMM-3 level positions in our ACGME accredited residency program.

Program Highlights:

- Sponsored by Campbell University est. 1887
- Located 30 miles from the distinguished Research Triangle Park of North Carolina and Raleigh Durham International Airport
- · Temperate climate with mild weather year round
- Opportunities to work with Campbell University's NCAA Division I athletes
- Train in Campbell University affiliate hospitals Harnett Health and Cape Fear Valley Health
- All core faculty are board certified in NMM with additional certifications in family medicine, internal medicine and sports medicine
- Opportunities to teach students, residents and fellows in internal medicine, family medicine, and sports medicine - in bedside and formal academic settings

Training diverse, cultrually competent, community-based osteopathic physicians through rigorous clinical eduation.





Contact Us and Apply!

Program Coordinator: Tydal Jackson tmjackson@campbell.edu 910.893.1897

Program Coordinator: Tydal Jackson tmjackson@campbell.edu 910.893.1897 Program Director: Eric E. Gish, DO, HPF egish@campbell.edu 910.893.7719

ONMM3 Residency & Combined ONMM3/SM Programs in Blacksburg, Virginia

Your career starts here.

The mission of the Edward Via College of Osteopathic Medicine (VCOM)/LewisGale Hospital Montgomery (LGHM) GME Consortium's Neuromusculoskeletal (ONMM) Residency Program is to provide residents with training in the development of osteopathic clinical competencies to practice in both the inpatient and outpatient settings as competent, proficient and professional ONMM specialist physicians. In addition, the residency program will foster academic teaching and research growth towards the development of future physicians who can competently serve as program directors and/or researchers.





Highlights

- Emphasis on teaching traditional osteopathy & history
- Emphasis in palpatory skill development & osteopathic principles first, then core skills in all OMT techniques
- Emphasis on developing teaching & research skills
- Supplemental sponsored courses 2-3/yr have included:

Steven Blood DO, FAAO, FCA - Cranial Technique Anthony Chila DO, FAAO, FCA - 40hr cranial course Ed Stiles DO, FAAO, FCA - AGR of body & cranium Richard Schuster DO - Teachings of Carl McConnell DO

- 120+ hours of hands-on MSK Ultrasound curriculum
- Half-day OMT clinic sessions on infant pediatrics and Division
 1 athletes every week during OMT blocks
- Hands-on regenerative medicine exposure
- Hands-on medical acupuncture exposure
- Functional rehabilitation of chronic neuromuscular imbalance



Contact Information

Melissa Simpkins msimpkins@vt.vcom.edu (540) 231-9673

Dr. Kozar, Program Director akozar@vt.vcom.edu 860-466-0809





Albert Kozar DO, FAOASM, R-MSK Program Director NMMOMM, Sports Medicine & FP

- 13 years of MSK private specialty practice experience before joining VCOM in 2015
- A leading national expert in MSK Sonography
- Certified Functional Movement Systems rehabilitation clinician

David Harden DO, FAAFP Discipline Chair OMM, VCOM

NMMOMM, FP & Geriatrics

- 8 years in clinical Family Medicine combining general FP & OMM prior to joining VCOM in 2004
- Focus is in Geriatrics & OMM, & clinical interests in Osteopathy

Hope Tobey DO, FAAP, FAOP

NMMOMM & Pediatrics

- 7 years of inpatient & outpatient general pediatrics experience prior to focusing her clinical work on Peds OMM in 2016
- Clinical interests include Pediatric and obstetrical OMT

Luke Robinson DO, DABMA

NMMOMM, FP & Medical Acupuncture

- More than 5 years clinical experience
- Clinical interests include OMM and Acupuncture for all ages

Harriet Shaw DO

NMMOMM

 44 years of clinical experience and > 30 years of OMM faculty experience at Oklahoma before semi-retiring in Virginia





www.vcom.edu/graduate-programs/onmm3-residency

Z Liberty.edu/LUCOM │ 6 ♥ ◎ LibertyMedicine

Residents and Fellows

An Amazing Opportunity

Announcing Liberty University's Osteopathic Neuromusculoskeletal Medicine (ONMM) Residency. Nestled in the Blue Ridge Mountains, of Central Virginia, our ONMM Residency Program at Liberty University offers a multitude of learning experiences in Graduate Medical Education (GME). From continuity clinics to specialty rotations, you will have the opportunity to care for patients of various ages and with diverse diagnoses, while working with peers, medical students, faculty, staff, and program leaders. Our faculty and staff are engaging, eager to teach and mentor, and approach the health of our patients holistically — body, mind, and spirit

Qualifications

Liberty University College of Osteopathic Medicine (LUCOM) is seeking candidates for entry into the Residency ONMM1 year. Successful candidates will be motivated to further develop their clinical skill for specializing in ONMM, grow as teachers in medical education, and develop leadership skills. Rich in a culture of inter-professional collaboration, our dynamic program welcomes and encourages candidates to apply who are eager to engage in patient care, an excellent didactic curriculum, and collaborative scholarly activities.

Graduate Medical Education

LUCOM Graduate Medical Education Services, as well as its residency programming, equips physicians to become leaders in their specialties in the domains of clinical practice, medical education, and scholarship. The ONMM continuity clinic is housed alongside specialties of Psychiatry and Sports Medicine allowing for opportunities of in-depth focus on mind-body medicine and experiences caring for Division I athletes with amazing clinicians who serve as team physicians for Liberty University athletics. With a growing Pediatric and Young Adult Medicine clinic as part of the GME clinic faculty, residents in our program care for a large variety of patient populations and diagnoses. Additionally, our team of ONMM board-certified faculty are enthusiastically dedicated to resident education and development.

Liberty University

Liberty University (LU) has 17 colleges and schools, including a law school and a medical college. With more than 600 programs of study, Liberty equips students through both classroom theory and practical experience. Liberty is located in the city of Lynchburg in Central Virginia. Lynchburg is a great place for families, American History Enthusiasts and outdoor recreation buffs with the scenic Blue Ridge parkway, Appalachian trail, boating, skiing, and championship disk golf course nearby. LU campus is over 7,000 acres and sponsors numerous cultural and athletic events, theatrical plays, and more. We welcome your interest and look forward to hearing from you.

For more information on the ONMM program, please visit: Liberty.edu/LUCOM/Academics/GME

Contact

Joy Palmer, DO | joy.palmer@libertymountainmedical.com Chad K. Brands, MD, CPE, SFHM | cbrands@liberty.edu Liberty University College of Osteopathic Medicine Graduate Medical Education

AHEO ONMM3 RESIDENCY



AdventHealth East Orlando ONMM3 Residency

The ONMM3 Program is a one-year residency that focuses on training in neuromusculoskeletal medicine with emphasis on osteopathic manipulation and musculoskeletal procedures (i.e.: prolotherapy, PRP, ultrasound guided injection, etc.). Residents are taught a comprehensive array of osteopathic techniques for a diverse population of patients. We maintain an inpatient OMM consultation service at our home institution, outpatient OMM clinic, and teach medical students from a variety of osteopathic medical schools. Weekly half-day academic sessions are held. In addition, special emphasis will be placed on neurology, rehabilitation, radiology, sports medicine, and orthopedics as they relate to the neuromusculoskeletal system of patients.

ONMM3 Program Details 2021-2022

- 4 weeks of OMM hospital consult service
- 4 weeks Orthopedics
- 4 weeks Sports Medicine
- 4 weeks Radiology
- 4 weeks Neurology
- 4 weeks PM&R
- Longitudinal OMM hospital consult service
- 28 weeks of electives
- 4 half days of OMM clinic, next door to the hospital
- 5 half days of designated rotation
- 1 half day of NMM didactics
- **rotations may be adjusted by PD based on experiences in prior residency





- 2 MSK ultrasounds
- No weekend Call

ONMM3 program:

Busy outpatient clinic Diverse patient population

Inpatient OMM consult service

Ample teaching opportunities

- Overnight pager call only during hospital service block
- Consults seen in 24 hours M-F
- Moonlighting permitted

Didactics

- Small group weekly didactics
- Biweekly journal club
- AT Still Book club
- Hands-on teaching
- MSK ultrasound training

Requirements

Successful completion of primary residency in OR

Benefits:

- Salary \$61,463/yr
- Family health insurance
- Life insurance, malpractice insurance, wellness program
- White coats, free meals



Find out more!

AdventHealth Family Medicine Program Sister program Located in same clinic and hospital

Qualified primary residency for ONMM3 All 8 spots with Osteopathic recognition











Larkin Hospital Palm Springs Campus ONMM Residency Programs 1475 W. 49th Place – Hialeah, Florida 33012

In conjunction with

The Institute for Non-Surgical Orthopedics, Ft. Lauderdale, Delray, Hollywood and South Miami

Larkin GME is proud to have had Osteopathic Neuromusculoskeletal Medicine Residency
Programs since 2010. Our AOA Integrated FM/NMM program has transformed to an ACGME Accredited
ONMM 2 Residency Program and our AOA NMM+1 program has transformed into an ACGME Accredited
ONMM 3 entry level Residency Program.

ONMM 2 entry requires an AOA or ACGME approved rotating internship or transitional year in medicine or surgery.

ONMM 3 entry requires a completed AOA or ACGME primary residency program and is a one year extension of training for proficiency in Osteopathic Neuromusculoskeletal Medicine.

Completion of either program leads to board eligibility in NMM from the American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM).

Our mission is to prepare and send out into the world extremely competent Osteopathic Physicians skilled in Osteopathic Principles and Practice, Non-Surgical Orthopedics and Neuromusculoskeletal Medicine as we reinforce global applications of Osteopathic Principles and Philosophy with a background in General Medicine training.

Larkin's Education Program includes multispecialty approaches to patient care which incorporates Block Schedule, Continuity Clinics and Rotations in NMM, Neurology, Radiology, Physiatry, Orthopedics, Pain Medicine, Sports Medicine and Rheumatology.

- Our Residents and Directors elect a dedicated Team Leader as Chief Resident to help brainstorm the structural framework of our educational content each year.
- We have two NMM Board Certified Physicians, One FAAO Physician, and two NMM Board Eligible
 Physicians that all teach in our Continuity Clinics and help with weekly four hour Didactic Sessions.
 Other attending physicians are Board Certified in Family Medicine, Sports Medicine, and Pain Medicine.







- Integration of ZOOM and GOOGLE has helped bridge the distance gap from the Larkin Hospitals and INSO's Ft. Lauderdale, Hollywood office and Delray offices.
- Our program helps ensure that each and every resident builds solid public speaking skills and becomes comfortable running OMT Workshops for local and statewide educational programs. ONMM Residents need to learn their teaching voice and build confidence to establish their role in NMM as a lifelong educator.
- Continuing Education Events include AAO Convocation and In-service Examinations, Cranial
 Osteopathy Course, and State Osteopathic Association Conferences.
- Moonlighting upon full Florida Licensure is available.
- ONMM Continuity Clinics at any of our geographical locations depending on accommodations and residence location.

By the Numbers: Fort Lauderdale - 6000+ office visits per year

Delray - 3700+ office visits per year

Hollywood – 900+ office visits per year

Miami - 800+ office visits per year

Virtual - 550 online visits per year

APPLICATIONS:

Michael Reales, MBA, Larkin ONMM Residency Program Coordinator -

(305) 284-7761; mreales@larkinhospital.com

Steven Licata, DO, FM/OMT, NMM, RMSK, Larkin ONMM Program Director -

(561) 495-4215; drslicata@gmail.com

Joel D. Stein, DO, FAAO, FAOASM, FACOFP, C-Pain Med, Larkin ONMM Assistant Program Director -

(954) 294-5385; ommdoc@aol.com



ONMM3 RESIDENCY

MIDWESTERN UNIVERSITY - ARIZONA CAMPUS

Program Information for Candidates

We are actively recruiting for the one-year ONMM3 Residency for the 2022-2023 academic year. Our residency curriculum provides rigorous training in anatomy and OMM techniques. The residency is accredited by the Accreditation Council for Graduate Medical Education (ACGME). All faculty are AOBNMM-certified and are university professors who practice Neuromusculoskeletal Medicine in the university clinic. Our faculty possess a diverse set of skills and training, with expertise in the following techniques: Counterstrain, Muscle Energy, HVLA, Cranial Osteopathy, Balanced Ligamentous Tension / Ligamentous Articular Strain, Articulatory Technique, Myofascial Release, Still Technique, Lymphatics, Visceral, Biodynamics, Regenerative Medicine/Prolo Therapy and Chapman's Reflexes. Program Director, Gary Gailius, D.O., is board certified by the AOBNMM. Dr. Gailius trained at St. Barnabas Hospital in the Bronx, NY, and has been working in the Osteopathic Department at Midwestern University for the last 10 years. Midwestern University AZCOM's OMM Department has a robust research division with many osteopathic research opportunities available to residents. Our faculty, residents, and OMM scholars have authored many original Osteopathic journal publications. The residency didactics program includes time spent in the cadaver lab with Ph.D. anatomy professors, with a focus on functional anatomy. We believe you will find our residency program to be one of the best in the nation, and we are certain you will enjoy Arizona's sunshine without a day of snow. We look forward to hearing from you.







Gary C. Gailius, DO Program Director



RESIDENCY HIGHLIGHTS

Dedicated full-time faculty with diverse faculty skill sets

ACGME-accredited

Robust research division with many available research opportunities

Opportunity to start your academic career as a Clinical Assistant Professor in the University

Enhance your anatomy knowledge with our PhD anatomy professors in the cadaver lab

CONTACT INFORMATION:

Gary Gailius, DO Program Director Mobile: (858) 405-7311 Email: ggaili@midwestern.edu

Annette Lemire GME Manager Work: (623) 572-3273 Email: alemir@midwestern.edu

WANT TO BUILD YOUR KNOWLEDGE OF NMM/OMM?

The CMEE/Sky Ridge Medical Center ONMM3 Residency program was established to develop highly trained physicians who can act as both clinicians and academicians. Physicians who have already completed a residency can spend an extra year enhancing their skills in neuromusculo-skeletal medicine and osteopathic manipulative medicine (NMM/OMM). The program places significant emphasis on the integration of OMM and the principles of primary care sports medicine. Residents develop their osteopathic clinical skills by providing inpatient care at Sky Ridge Medical Center and outpatient care at the Rocky Vista Health Center and other associated outpatient clinics. Successful program completion will allow the physician to apply for the NMM/OMM certification examination. The program has received ACGME initial accreditation and osteopathic recognition.

Please send a current CV, letter of interest, three letters of recommendation (including one from your residency director) and your COMLEX 1, 2 and 3 scores to Dr. Ramey at kramey@rvu.edu.



Kenneth A. Ramey, DO, FACOFP, Program Director, is a graduate of the Chicago College of Osteopathic Medicine. He is board certified in family medicine/osteopathic manipulative treatment, NMM/OMM and has a certificate of added qualification in sports medicine. Dr. Ramey is a member of the medical staff at Sky Ridge Medical Center and has served as a team physician at the high school, college and semi-professional levels. He is an Associate Professor of OPP at Rocky Vista University and serves as the Director of Sports Medicine and OMM at the Rocky Vista Health Center.

"What are the limits of Osteopathy? No one knows the limits of Osteopathy."

- John Martin Littlejohn, D.O.



Please call Dr. Ramey at (720) 874-2421 for additional information. Or visit HealthOne Sky Ridge Medical Center, https://bit.ly/3d5HuBz



ROTATION CHOICES

- Family Medicine
- Functional Medicine
- Hospice and Palliative Care
- Integrative Medicine
- Internal Medicine
- Medical Acupuncture
- Musculoskeletal Radiology
- Neurology
- Neurological Surgery
- Obstetrics and Gynecology
- Occupational Medicine
- Orthopedic Spine Surgery
- Pediatrics
- Physical Medicine and Rehabilitation
- Podiatric Medicine
- Primary Care Sports Medicine
- Rheumatology





Osteopathic Neuromusculoskeletal Medicine Residency Program





Nestled in the heart of the southwestern desert, MountainView Regional Medical Center serves a diverse population. Our program seeks to train exceptionally skilled and culturally competent Osteopathic Neuromusculoskeletal Medicine Specialists that are also well rounded general practice physicians.

Graduates from this program have gone on to open successful private practices, or join existing practices, as well as teach at COM's across the country.





Alongside our base rotations, we strive to tailor your experience to your future practice goals. Residents graduate with expertise in all OMT techniques and a diverse range of injection procedures to better serve their patients. We offer a low resident to attending ratio, quality precepting, and highly structured weekly didactics, which provide excellent board preparation.

Las Cruces is also a safe and affordable location adjacent to the beautiful Organ Mountains..

In and Around Las Cruces

- Hiking, biking, camping
- Off-road trails
- Elephant Butte Lake
- Truth or Consequences hot springs and salt caves
- White Sands National Park
- Carlsbad Caverns
- 45 minutes to El Paso International Airport
- Old Mesilla festivals and weekly farmer's market
- A day's drive to Phoenix, Tucson, Albuquerque, Santa Fe, Colorado, and more!





Katherine Nixon, DO, Program Director (575) 523-5679 katherine.nixon@mountainviewregional.com Renae L Trapp, Program Coordinator: (575) 556-7762 renae.trapp@mountainviewregional.com

Curriculum

Our PGY-1 traditional rotating internship focuses on general medicine in a variety of specialties, serving as the foundation of medical knowledge moving into the second and third years. The internship year tracks directly into the PGY-2 ONMM curriculum.

PGY-2 and PGY-3 curriculum highlights osteopathic principles and philosophy, and transitions residents into managing patients in the Osteopathic Medicine Clinic as well as a daily inpatient service. Our residents are supported by a robust didactics curriculum including:

Dedicated Injection Procedure Time Weekly

- Trigger point injections
- Dry needling
- Intra-articular joint injections
- Nerve blocks
- Prolotherapy
- Platelet Rich Plasma injections
- Perineural injection therapy





- Resident led anatomy and physiology discussions
- Clinical case discussions
- Core reading assignments in osteopathic philosophy and medicine
- Weekly resident led journal club
- Discussion of therapeutic exercises and their significance in patient care
- Weekly OMT technique review
- Teaching opportunities at the local medical school, Burrell College of Osteopathic Medicine
- Injection procedure workshops with and without ultrasound





OSU COLLEGE OF OSTEOPATHIC MEDICINE

ONMM3 Residency



Oklahoma State University Center for Health Sciences-College of Osteopathic Medicine (OSU-CHS COM) is recruiting for their ONMM3 Residency. This program is actively involved with inpatient and outpatient clinical care as well as teaching medical students and residents. The affiliated OSU Medical Center in Tulsa is one of the largest osteopathic teaching hospitals in the nation. We have initial ACGME accreditation.

OSU-CHS is located on historic Route 66 along the Arkansas River in Tulsa, Oklahoma. OSU-CHS trains osteopathic physicians, research scientists and other health care professionals with an emphasis on serving rural and underserved Oklahoma.

Tulsa has a welcoming, cosmopolitan feel with a metropolitan area population of more than 1 million residents. Tulsa offers a variety of arts and cultural experiences and venues such as the Performing Arts Center and the BOK Center, which brings in world famous performers throughout the year. It is a very family friendly city with a low cost of living. For more information: www.visittulsa.com.

Fun Facts: Downtown Tulsa is famous for its Art Deco buildings. Tulsa also has two world class museums, Gilcrease Museum and Philbrook Museum of Art. Gathering Place has been voted best attraction in the country for 2019 by USA Today.

Reasons to come to Oklahoma!

- Brand new 82,000 sq. ft. A.R. and Marylouise Tandy Medical Academic Building, including a state-of-the-art OMM lab
- Ability to individualize the program's focus and 1:1 resident/preceptor ratio
- Inpatient OMM consult service experience in Tulsa at OSU Medical Center
- Longitudinal pediatric clinic experience
- Table training in the first and second year OMM labs
- Opportunities to develop lecturing and lab presenting skills
- Strong state presence: DOs make up 26% of physicians in Oklahoma
- Faculty have a diverse set of OMM interests with a foundation in the biomechanical approach, including cranial, postural and visceral techniques

For more information, contact:

Mark Thai, D.O., *Program Director* mark.thai@okstate.edu

NMM/OMM Certified Faculty

Robin Dyer, D.O., Department Chair Ross Pope, D.O., FAAO (adjunct) Jennifer Wilson, D.O. Janell Largent, D.O. Garren Gebhardt, D.O. Other Faculty
Stephen Barnes, D.O.
Julie Dionne, D.O.





Coming soon!

Osteopathic Neuromusculoskeletal Medicine Residency Program @ Lake Granbury Medical Center, Granbury, Texas!

The ONMM program at Lake Granbury Medical Center has as its mission to educate, train, and develop physicians with exceptional clinical and ethical skills and professional behaviors, prepared to excel in the field of ONMM at state and national levels, while meeting the needs of the local community

and greater regional area.

With rotation locations located in the Granbury and the Fort Worth area, the program strives to deliver quality education with a dedicated faculty who are constantly working to maintain themselves up to date with the most current practices in the field.

Rotation locations include:

- Lake Granbury Medical Center
- Lakeside Physicians
- UNTHSC ONMM Patient Clinic

Application and selection process will take place through the Electronic Residency Application System (ERAS). Information for Audition Rotations will be available soon.



Kendi Hensel, DO, PhD, FAAO Program Director



Contact: Linda Matthews, Residency Program Coordinator linda.matthews@unthsc.edu

Join The RAAO!!



About RAAO

The Resident American Academy of Osteopathy is the postgraduate membership section of the American Academy of Osteopathy (AAO). It was developed to serve osteopathic transitional year/interns (TY), residents and postdoctoral fellows during their postgraduate training.

THE GOALS OF THE RAAO

- To promote utilization and continued education of osteopathic principles and practice (OPP) in postgraduate training programs;
- To provide a network for TY interns, residents and fellows interested in OPP;
- To identify TY interns, residents and fellows at the annual AAO Convocation;
- To provide a platform TY interns, residents and fellows issues at the AAO; and
- To provide AAO representation for TY interns, residents and fellows at the AOA level.

Membership in the RAAO is open to osteopathic medical graduates currently receiving TY internship, residency or fellowship training in any specialty.

As a member of the RAAO you are entitled to all the membership benefits of the American Academy of Osteopathy as well as those specific to RAAO members.

RAAO MEMBER BENEFITS

- Members enjoy lower fees for AAO CME courses and Convocation.
- The Academy's large network of over 1,000 new physicians and RAAO members provide information and support for the various challenges faced in the ever-evolving medical field. Join in the conversation on Facebook, in person at Convocation or at other conventions such as the AOA OMED or state and local organizations.
- For residents who are interested in doing a 12 month ONMM3 pathway, there is no better opportunity to become familiar with the programs, get to know the program directors and begin establishing contacts who can help you find the program that is right for you. View current ONMM Residency Programs.
- RAAO membership provides opportunities to develop osteopathic research projects during residency with access to the Louisa Burns Osteopathic Research Committee and the Foundation for Osteopathic Research and Continuous Education (FORCE).
- Your exceptional work in the field of osteopathic medicine may be rewarded with the AAO Resident of the Year Award.

If you have any questions about membership, leadership positions or issues related to postgraduate NMM/OMM, feel free to contact the AAO or email the RAAO chair at raaochair@academyofosteopathy.org.



Membership Application

3500 DePauw Blvd., Suite 1100 • Indianapolis, IN 46268-1136 (317) 879-1881 • Fax: (317) 879-0563 www.academyofosteopathy.org

Date _____

AOA No	Date of birth	Place of birth (city/state)				Citizenship	
Full name, including degrees and fellowships						_ Gender: □ Male □ Female	
Practice name							
Street address							
City and state			ZIP code C		Country	7	
Phone	Fax		Email				
Home address							
City and state			ZIP code		Country	<i></i>	
Phone	Fax		Email				
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Medical college							
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Residency							
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•	onvicted of violating any state or fee been surrendered, suspended, or rev		cs act or comr	nitting any o	ther felony?		es 🗆 No es 🗆 No
•	to any of the three questions above,		n on a seperat	te sheet.)			
AAO sponsor or refer	ence						
	ated from an accredited U.S. osteopathic me						
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Second year in practice. First year in practice							
Resident	\$56						
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of Osteopathy. I agree to a	I certify that the above information is correccept the AAO Board of Trustees as the solobove credit card for the membership dues sel	le judge of my q	qualifications to b	e and remain a	member. I hereby	authorize the American	Academy