American Academy of Osteopathy®

Catalog of AAO ONMM Residency Programs

American Academy of Osteopathy®

From AOA NMM/OMM to ACGME ONMM: Accredited Residency Training

An overview of the residency program types that lead to board eligibility for AOBNMM certification

The Purpose

ONMM programs are unique in their dedication to the study of neuromusculoskeletal disorders (NMM) and the practice of osteopathic manipulative medicine (OMM). Completing an ACGME-accredited osteopathic neuromusculoskeletal medicine (ONMM) program will provide a strong foundation for osteopathic evaluation of neuromusculoskeletal disorders and their treatment in outpatient and inpatient, medical, surgical, pediatric, and OBGYN patients. There is a dedication to the study of osteopathic principles and practice built into the program requirements. The intent of this specialty was to have a place of recognition and study for those interested in pursuing the primary specialty originally known as OMM. It evolved into the specialty of neuromusculoskeletal medicine/osteopathic manipulative medicine (NMM/OMM) and is known today as Osteopathic neuromusculoskeletal medicine (ONMM).

Understanding the Role of the AOA and ACGME in ONMM Board Certification

The American Osteopathic Association (AOA) confers *primary* board certification in neuromusculoskeletal medicine and osteopathic manipulative medicine (NMM/OMM). When our training was through the AOA, there were two routes to board certification in NMM/OMM, via two distinct residency programs: a traditional three-year program (two years dedicated to NMM/OMM and a rotating internship, either as part of the program or as a separate TRI), and the Plus One residency program. There were also integrated programs that led to NMM/OMM certification. and another primary board certification.

As programs have now transitioned to the Accreditation Council for Graduate Medical Education (ACGME), the name has changed from NMM/OMM to Osteopathic Neuromusculoskeletal Medicine (ONMM). ONMM training remains the only pathway to AOBNMM board certification.

The Pathways

There are some distinct differences between the structure of the AOA and ACGME programs. Rather than having two distinct programs, the NMM/OMM and Plus One program, all training options are covered by the ACGME-accredited ONMM program. The ACGME has recently approved the ONMM residency to include the 1st year of training, for a total of three years. The first year remains a broad-based internship, with the ONMM 2 and 3 years dedicated to specialty training. Residents may enter at the ONMM 1, 2, or 3 level, depending on their prior training. Residents entering at the ONMM1 level will complete their training after 36-months. Residents entering at the ONMM2 level will complete their training after 24-months. Residents entering at the ONMM3 level complete their training within 12 months.

All programs are accredited for all options, but may determine at which level they want to accept applicants. Those who complete an ACGME-accredited ONMM program will be AOBNMM board eligible. Residents who wish to combine two specialties can enter an ACGME combined program for 48 months of training, or complete a three-year residency in another specialty that incorporates strong OMM components, and enter ONMM3 in year four. Both options result in board eligibility in both specialties within 48 months.

To enter at the ONMM1 level of the program, applicants may apply through the NRMP match in their 4th year of medical school. For those seeking a full ONMM residency, the advantages of entering in their 1st year are the ONMM experience, and the ability to train in a single location, and becoming familiar with the hospital and its services prior to entering their dedicated ONMM years.

To enter at the ONMM2 level of the program, applicants must have completed a postgraduate year in one of the following: AOA-approved rotating internship, AOA-approved preliminary internship in NMM, ACGME-accredited transitional year, ACGME-accredited family medicine (PGY-1 year), or ACGME-accredited PGY-1 year in any other program where the resident is able to obtain a broad-based education. There are no specific rotation requirements allowing flexibility in your choice of first years. It is recommended the program have Osteopathic recognition to make up for the ONMM experience in the ONMM 1 year. Residents applying from a first year without Osteopathic Recognition should seek ways to receive Osteopathic training to support their application.

To enter at the ONMM3 level of the program, applicants must complete an AOA-approved or ACGME-accredited residency program with Osteopathic Recognition. Residents also must have completed 12 months of rotations that could be applied to the ONMM program. Residents should also show a significant Osteopathic component in their training. It is recommended they complete 300 ONMM outpatient visits, and 15 treatments in the areas of pediatrics, surgery, Ob/Gyn, and 15 inpatient ONMM consults. The ONMM Program Requirements may be found on the ACGME website. If your training doesn't exactly match the requirements listed, contact the programs you're interested in. The program director has flexibility to work with you and help tailor a program based on the education you have, and your training goals.

***ONMM** remains the gold standard for osteopathic training and certification.*

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PHILADELPHIA COLLEGE OF OSTEOPATHIC MEDICINE™

Osteopathic Neuromusculoskeletal Medicine (ONMM)

Philadelphia, PA







Offering

- ONMM2 pathway - Traditional 2-year program
  - After successful completion of PGY-1
- ONMM3 pathway - "Plus-1 year" program
  - After successful completion of a residency
- Seven (7) full-time OMM faculty members
  - With varied training backgrounds and 100+ years of combined OMM expertise
- Friendly and cooperative administrative and clinical office staff
- Robust didactic schedule in small-group format
- Ample opportunities for teaching, research, and collaboration with other PCOM residents
- Excellent benefits package, including money allotted for CME or educational travel/expenses
- The diversity of Philadelphia and its suburbs
  - Culture, food, events, nightlife, sports, the arts; easy travel to beaches and mountains; access to regional rail and Amtrak; close international airport; housing options for country, suburban, or urban settings



Program Director:
Lauren Noto-Bell, DO

Inquiries to
Program Coordinator:
Mary Wilson
: 215-871-6482
: MaryMc@pcom.edu

Please note: At this time, we are self-funded and are only able to accept one (1) trainee at a time, in either the ONMM2 or ONMM3 pathway. We also do not participate in the Match.

East

STONY BROOK SOUTHAMPTON HOSPITAL

240 Meeting House Lane. Southampton. New York. 11968



Devan Trammel, DO
Program Director

Residency training at Stony Brook Southampton hospital began under the umbrella of "The Residency Program in Social Medicine," with the belief that health is not the absence of disease, but a state of spiritual, physical, social, economic, and psychological well-being. We believe healthcare is a matter of social justice. We are dedicated to the full application of the biopsychosocial model. We seek to work collaboratively with patients and their families, colleagues and communities to provide excellent patient-centered care. We support a context that fosters health by providing culturally-sensitive and respectful care.

The ONM 3 Program is an fully accredited program with the ACGME. The objective of this residency is to provide a comprehensive and longitudinal experience that will afford residents exposure to the various required disciplines in inpatient & outpatient settings, strong didactics, 100% NMM board certified faculty (4) with emphasis on hands over hands training.

Training will also include varied approaches to patient care including musculoskeletal ultra sound and injections, functional medicine, integrative medicine, acupuncture.





ONM 3 training program offers:

- Full OMM hospital consult service
- Weekly OMM continuity clinic sessions
- Weekly OMM didactics
- No Call
- 3 months of elective time
- Research opportunities
- Attend Cranial Course and AAO Conference

Rotation/Elective Opportunities:

- Addiction Medicine
- Acupuncture
- Hospice & Palliative Medicine
- Integrative Medicine
- Neurology
- Obstetrics
- Orthopedics
- Pain Management
- PM&R
- Pediatrics
- Rheumatology
- Sports Medicine

For more information about the program
https://southampton.stonybrookmedicine.edu/rpsom/for-fellows/nmm-plus-one
or contact us at 631-726-0409

Osteopathic Neuromusculoskeletal Medicine Residency Program
Bronx, New York



Jeremy Shugar, DO
Program Director,
Osteopathic Neuromusculoskeletal Medicine Residency

Hugh Ettlinger, DO, FAAO
Chairman, Department of Osteopathic Medicine

Faculty, Osteopathic Neuromusculoskeletal Medicine Residency

Associate Professor of OMM, New York Institute of Technology – College of Osteopathic Medicine

Sheldon Yao, DO, FAAO
Faculty, Osteopathic Neuromusculoskeletal Medicine Residency

Chair of OMM Department, New York Institute of Technology – College of Osteopathic Medicine

Priya Bhushan, DO
Assistant Professor, New York Institute of Technology – College of Osteopathic Medicine

Letter from the Program Director

Thank you for your interest in the SBH Osteopathic Neuromusculoskeletal Medicine (ONMM) Residency Program. SBH has been training ONMM specialists for over 25 years and has produced numerous leaders in the osteopathic profession. Our program has initial accreditation from the Accreditation Council for Graduate Medical Education (ACGME) and is looking for residents who are passionate to learn about applied osteopathy in an unmatched clinical setting.

Located in a community-oriented hospital caring for an under served population in central Bronx, our program was designed for the study and application of osteopathy across a broad range of clinical scenarios. As an integral component of SBH's multidisciplinary approach, OMT is seamlessly incorporated into the care of inpatient medical, surgical, trauma, pediatric, neonatal and post-partum patients. During the first year, our residents join the nearly 280 house staff training across a wide variety of disciplines, to assimilate into internal medicine (IM), pediatric, trauma, intensive care (ICU), surgery, obstetrics and gynecology (OB/GYN) and emergency medicine (EM) care teams as they work to develop their basic clinical acumen.

Mornings during the second and third year are split between service on two ONMM inpatient care teams. One team provides consult services for medical/surgical inpatients, seeing an average of 10-15 consults weekly and a steady inpatient follow-up census. Meanwhile, the pediatric/newborn/OB/GYN ONMM team sees approximately 50 newborns, postpartum moms and pediatrics per week. Afternoons are spent in robust, resident-run Ambulatory OMT clinics which serve 75-80 patients per week. Additionally, core rotations in Neurology, Orthopedics, Sports Medicine, Rheumatology, and Radiology are woven into the curriculum of ONMM years two and three, as well as the opportunity to hone table training skills while serving as adjunct faculty at weekly NYITCOM, OMM labs.

A rigorous didactic curriculum supports resident learning with weekly lectures on anatomy, physiology, current medical management, biomechanics, and osteopathic philosophy. Bedside teaching rounds with surgery and IM teams reinforce an osteopathic approach to a myriad of clinical presentations. There are also Grand Rounds and teaching rounds with pediatric, IM and EM departments to enhance residents' knowledge of basic medical management. Residents will also learn to develop research and quality improvement projects, presenting their work annually at AAO's convocation and other professional meetings. Finally, palpatory skills are greatly advanced through weekly faculty-led technique labs and direct supervision of bedside treatments.

Our graduates are well-rounded clinicians who are highly recruited. They have gone on to accept positions as hospital attendings, specialists in multidisciplinary clinics, private practitioners and medical school faculty. We would love the opportunity to show you all that our program has to offer during a two or four-week rotation. Email OMMChief@gmail.com to set up your rotation soon as space is limited.

Jeremy Shugar, DO
Program Director,
Osteopathic Neuromusculoskeletal Medicine Residency

SBH Health System BRONX

sbhny.org

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About SBH

St. Barnabas Hospital is the flagship of SBH Health System, a major healthcare network providing the Bronx community with quality inpatient and outpatient medical, surgical, emergency, dental and mental healthcare services at multiple locations throughout the borough. Since its founding more than 150 years ago, SBH has continually adapted to the changing healthcare needs of the community. Today, the hospital assures timely access to the highest quality of care for the increasingly diverse populations residing in the Bronx. St. Barnabas is a nonprofit, nonsectarian, 422-bed, acute care, 911-receiving hospital that holds state designations as a level 2 regional trauma center, stroke center and AIDS center, as well as a federal designation as a community Center of Excellence in women's health.







Come Rotate:

We welcome students at all levels of training, whether it's to come and observe for a day or learn more about what we do at SBH on a month-long rotation.

No matter your skill level we will work hard to help you meet your goals. Our simple online application can be filled out anytime.

www.sbhny.org/onmm/

Didactics:

SUBJECT	DEDICATED TIME
Core Lectures - Anatomy, Biomechanics, Osteopathic Philosophy, Foundations of Osteopathic Medicine	4 hours/week
Hands on Attending Lab	1 hour/week
Resident Run Lab	4 hours/month
Medicine OMT Rounds	2 hours/month
Surgical OMT Rounds	1 hour/week
ED OMT Lecture	1 hour/month
Internal Medicine/Pediatric Grand Rounds	As requested
Resident Clinical Case Conference	1 hour/month
Journal Club	3 hours/month

To Apply:

The ONMM program is now approved as a full 3-year program. SBH has had their ONMM 1 year (internship) approved, and recommend students apply for the categorical (full 3 year program) if they are planning to specialize in NMM/OMM. Applications are accepted through ERAS. We participate in the ACGME National Matching Service (NMS) match. We also accept applications for the ONMM-2 year for those who have completed a broad based first year and want to pursue NMM/OMM as a specialty, depending on availability.

SBH is also approved for, and, based on availability, accept residents into the 1 year, ONMM 3 program, the ACME equivalent of the AOA Plus 1 program.

For applications to either the ONMM 2 or ONMM 3 entry levels, please contact jshugar@sbhny.org. We accept ONMM 2 and ONMM 3 residents outside the match.

Get in Touch:

If you have any questions along the way or would like to set up a rotation would be happy to help.

Jeremy Shugar, DO: jshugar@sbhny.org

By the Numbers:

- SBH has been training ONMM specialists since 1993
- SBH has graduated 75 ONMM Specialists in that time
- The inpatient consult service sees 500 – 1000 consults annually
- We see almost 1500 babies born per year at SBH
- About 2000 patients come to our ambulatory clinics
- Impressive 10-acre landscaped campus with 461 hospital beds
- Affiliated with the Albert Einstein College of Medicine, NYIT College of Osteopathic Medicine, and CUNY School of Medicine
- Training programs for 250 physicians in 9 different specialties
- New York State-designated Level 2 ACS Certified Trauma Center
- New York State-designated AIDS Center
- Three ambulatory care sites
- Medical library with internet access
- Simulation lab access

SBH Health System
BRONX

www.sbhny.org/onmm/

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Atlantic Health ONMM-3
At Morristown, NJ

- A Diverse ONMM-3 Program at **one of the best hospitals in the country.**
- **800+ bed hospital including a pediatric hospital** with diverse inpatient OMM experiences.
- Care for stable and acutely ill patients**, including laboring women and hospitalized kids!**
- **Many of other primary residency programs and fellowships** in our system.
- **Research Focus** with several ongoing OMT studies:
  - **Labor outcomes with OMT Study**
  - **Otitis Media OMT Study**
  - **Plagiocephaly Study**
- **Subsidized housing is available on-site!**

Program Director - Bernadette Bibber, D.O.

Faculty: Jonathan Torres, D.O., MPA, FAAO;

Joseph Melograno, D.O. & Aleksandr Abakulov, D.O.

RESIDENCY HIGHLIGHTS

- All rotations are in-system
- Robust inpatient experience
- Obstetrics consults including providing OMT on women in active labor
- Newborn nursery, pediatric inpatient unit and office-based pediatrics opportunities
- Office -based injections
  - Steroids and Prolotherapy
  - Ultrasound guided & Landmark guided injections
- Outpatient Botox injections (for Migraine and dystonia)
- Dedicated cadaver injection lab experience.
- 40 Hour Cranial Course and Convocation provided
- Salary - $77,412





Department of Family Medicine
435 South Street Suite 220
Morristown, NJ 07960

T 973.971.4222 F 973.290.7050
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Danaia.Holden@atlantichealth.org - Coordinator



ONMM3 Pathway "Plus 1 Year"



Program Director
ALEXANDER KING, DO
(kingale@rowan.edu)



Program Coordinator
ALEJANDRA COE
(coe@rowan.edu)

Adjunct Faculty:
Millicent Channell, DO, MA, FAAO, FNAOME
Danielle Cooley, DO, FACOFP
James Bailey, DO, FAAPMR
Chanakya Bavishi, DO
James Healy, DO
Kirstin Sanborn, DO
Jordan Spusta, DO

Our ONMM3 Residency is ideal for residents who want to hone their osteopathic manipulative skills to better serve their patients. We emphasize the philosophy of incorporating the mind, body, and spirit when approaching the treatment of a whole patient. This program provides resident physicians extensive clinic time to diagnosis, assess treat and manage patients in all settings, including ambulatory and acute care. These skills will be attained through supervised clinical experiences, didactic education, and clinical rotations. Residents will be mentored on interpersonal skills, leadership, systems-based practice and practice-based improvement for an osteopathic physician.

The program is conducted through RowanSOM's Neuromusculoskeletal Institute (NMI). The NMI is a multidisciplinary center that includes the departments of Osteopathic Manipulative Medicine, Orthopedics, Physiatry, Physical Therapy, Headache Medicine and Substance Use Disorder. The NMI is recognized as the first Center for Excellence in the state of New Jersey. Residents treat patients who are referred from these specialties, as well as those referred from the larger medical community. ONMM3 residents will have extensive clinic time to learn to apply OMM into a variety of patients with both acute and chronic disease. Residents participate in weekly didactic sessions in osteopathic philosophy, anatomy and embryology throughout the year.







Find your path with Osteopathy

Osteopathic Training at Manchester Memorial Hospital
Manchester, Connecticut

Osteopathic NMM 3 Program

- Advanced Postgraduate training for those completing a primary residency with Osteopatic recognition or equivalent
- Focus on advanced Osteopatic skill development
- Study anatomy in depth
- Teaching opportunities/Osteopathic mentorship
- Learn leadership skills
- Develop comfort reading the primary literature to enhance your practice goals
- ONMM Board Certification
- Osteopathic focused didactics
- Learn OMT billing and documentation
- Refine your Osteopathic skills and integrate with your prior medical training
- Opportunity to work with and practice MSK Ultrasound
- Access to Hartford Healthcare's CESI Lab

ACGME Certified Program



Tricia Hall, DO
Osteopathic Neuromusculoskeletal Program Director

To learn more, scan the QR code to visit academicaffairs.echn.org/ONMM or email Dr. Tricia Hall at Tricia.Hall@hhchealth.org

UCONN
SCHOOL OF MEDICINE

Osteopathic Neuromusculoskeletal Medicine Residency at
Manchester Memorial Hospital/Hartford Healthcare

Northern Light
Eastern Maine Medical Center

Northern Light
EMMC ONMM3 Residency
Bangor, Maine

Program Components

Established Clinical Components

- Outpatient ONMM continuity clinic, including obstetrics and pediatrics
- Inpatient ONMM consultation service, including obstetric and newborns
- ONMM Sports Medicine clinic for NCAA Division I athletes
- 2 week optional away elective rotation with NMM certified DO
- Required rotations/electives on site including Pain Management, Neurology, Radiology, PM&R, Rheumatology, etc.
- Access to Arizona Integrative Medicine Fellowship, Acupuncture, and Indian Health Service

Didactics / Education

- Weekly didactic sessions – osteopathic reading discussions, journal club, hands-on technique review using multiple OMT Modalities, board preparation and anatomy review
- Monthly Osteopathic Grand Rounds lecture/lab/table training experience including teaching MD Designated Osteopathic Residents
- Attendance at the American Academy of Osteopathy's Annual Convocation/In-Training Exam

Teaching Experiences

- OMM Junior Faculty role /Active Medical Staff
- Inpatient/Outpatient OMM precepting experience
- Teaching Assistant in gross anatomy lab dissection
- Present formal Osteopathic Grand Rounds lecture and lab
- Table trainer for residents/students at biannual statewide OMT Updates

Application Requirements

- Graduate of an AOA residency or ACGME residency (preferably with Osteopathic Recognition but not required)
- Completion of 40-hour Basic Cranial Course (SCTF or Cranial Academy)
- NL EMMC application with 3 professional references
- Interview to selected candidates-virtual or in person

Benefits

- Salary: $81,456.79 (base)
- 20 paid days off (includes 6 holidays)
- Scheduled time off for conferences
- $2,000 professional development fund
- Liability Insurance, Life and Disability Insurance
- Health and dental insurance (group plan available for spouse/SO and dependent children)
- Moonlighting available
- Health Club discounts

Affiliations

- **Northern Light Eastern Maine Medical Center** 411- bed, Level 2 Trauma Center
- **Northern Light EMMC Family Medicine Residency Program** ACGME with Osteopathic Recognition
- **University of New England College of Osteopathic Medicine**
- **NEOMEN OPTI** OMT Updates twice a year
- **Husson University** Gross Anatomy
- **University of Maine Orono** ONMM Sports Medicine Clinic

Program Director
K. Emily Redding, DO
Board Certified Family Medicine and NMM
Email: eredding@northernlight.org

Program Coordinator
April Miller
Email: apmiller@northernlight.org
Phone: (207) 973-7968

ONMM3 Residency at Maine-Dartmouth



Please consider the ONMM3 Residency at Maine-Dartmouth Family Medicine Residency!

We Offer

- Excellent outpatient and inpatient ONMM3 training with an emphasis on kinesthetic learning using a "hands-on-hands" mentoring approach
- Diversity of educational and clinical opportunities
- Dedicated faculty with expertise in ONMM, integrative medicine, functional medicine and acupuncture
- Teaching opportunities with family medicine residents and medical students from University of New England, Tufts University and Geisel School of Medicine
- Monthly anatomy lab didactics with nationally renowned neuroanatomist
- An amazing place to live and work, nestled within the lakes and hills region of Central Maine

About Maine-Dartmouth

MDFMR sponsors a 10-10-10 unopposed family medicine residency and advanced training in geriatric medicine, sports medicine and ONMM. All programs are ACGME-accredited, and the family medicine residency has Osteopathic Recognition. Compassion for the underserved, commitment to team-based care, appreciation for integrative and complementary approaches to health, cultivation of well-being, involvement in the community and devotion to the core tenets of family medicine permeate training throughout our organization. MDFMR and our teaching hospital, MaineGeneral Medical Center, are committed to supporting osteopathic principles and practice.

Contact Us

- Anna Veach, DO, C-NMM/OMM
  anna.veach@mainegeneral.org
- Katie Keene, Program Coordinator
  kathleen.keene@mainegeneral.org

www.mainedartmouth.org

Based in Augusta, Maine
ACGME–accredited

Benefits include:

- Salary of at least $74,616
- Ability to purchase group health and dental insurance
- 21 days of paid time off
- 6 weeks of paid parental leave
- 5 days of CME
- $850 CME stipend
- Up to $1,000 for relocation expenses
- Medical malpractice insurance
- AOA and AAO membership
- Reimbursement available to attend AAO Convocation

Program Director:

- Anna Veach, DO, C-NMM/OMM



Maine-Dartmouth MDFMR Family Medicine Residency

Berkshire Health Systems

ONMM3 Residency



It is our aim for our physicians to:

Integrate OMM fully into their field of primary residency training: Residents can expect to treat patients with all levels of disease in becoming exceptional ONMM consultants, including inpatient, outpatient, newborn, and OB.

Engage in teaching the next generation: Residents will teach UNE third year medical students while working closely with Dr. Andrew Goldman in preparing monthly Osteopathic Grand Rounds presentations with reading discussion, boards review, anatomy lecture, and lab session

Dig On: Resident didactic sessions are varied and vibrant in covering embryology, anatomy, and readings from A.T. Still and W. G. Sutherland, as well as other foundational Osteopaths. In addition, residents receive dedicated faculty mentorship in completing scholarly activity

Berkshire Medical Center, located in the beautiful hills of western Massachusetts, offers a 12-month Osteopathic Neuromusculoskeletal Medicine (ONMM3) Residency since 2012, with a history of residents continuing as faculty.



Sample Week Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Specialty Elective	Specialty Elective	Specialty Elective	Specialty Elective	Specialty Elective
ONMM Clinic	ONMM Clinic	Osteopathic Grand Rounds	ONMM Clinic	ONMM Clinic

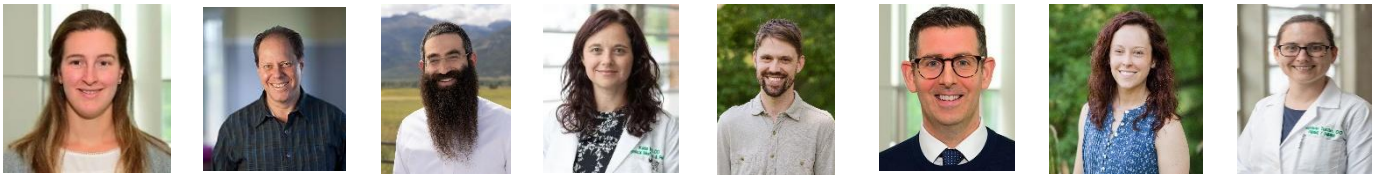


The program is led by Stephen Kisiel, DO, a graduate of NYCOM and board certified in Family Practice/OMT and Neuromusculoskeletal Medicine. Dr. Kisiel is clinical faculty for UNECOM, Dr. James Jealous' Biodynamic curriculum, and the Osteopathic Cranial Academy. He teaches both nationally and internationally, with several local Biodynamic CME level courses annually being part of the resident didactic curriculum.

To learn more, scan QR, or email skisiel@bhs1.org

Faculty Members

Megan Franzetti DO MPH ~ Andrew Goldman DO ~ Ari Goldwasser DO ~ Katie Hatt DO ~ Adam Hetland DO
David Norton DO ~ Michelle Sansky DO ~ Victoria Tuttle DO



OSTEOPATHIC NEUROMUSCULOSKELETAL MEDICINE RESIDENCY

Program description

The Still OPTI/Northeast Regional Medical Center Osteopathic Neuromusculoskeletal Medicine (ONMM) residency provides unique and comprehensive osteopathic manipulative medicine (OMM) services to the community. These services include continuity of care in an outpatient clinic; hospital-based, in-patient consultations; and academic support to A.T. Still University's Kirksville College of Osteopathic Medicine (ATSU-KCOM). Board-certified NMM attending physicians offer a variety of teaching and treatment styles.

Residents have access to ATSU's archives through its strong association with ATSU-KCOM and learn in a local community where OMM is highly recognized and eagerly pursued by the local population for their healthcare needs. This relationship with ATSU-KCOM also comes with access to a state-of-the-art human patient simulation lab, an ultrasound lab, the Museum of Osteopathic Medicine, A.T. Still Memorial Library, and A.T. Still Research Institute.

For scholarly activity, residents are paired with a faculty mentor and conduct OMM-based research with the opportunity to produce and publish a research paper. Also, residents are involved in quality improvement projects.

This ONMM residency program has continued accreditation through the Accreditation Council for Graduate Medical Education and accepts entry into the program at the ONMM1, ONMM2, or ONMM3 levels.

Residency highlights

- Ambulant patient care.
- Hospital patient care.
- Didactics.
- AAO Convocation CME.
- ATSU-KCOM Founder's Day CME.
- Writing and research.
- Twenty personal days per year (vacation, sick, CME) – PGY1.
- Twenty personal days per year (vacation, sick) – PGY2 and above.
- Ten CME days per year - PGY2 and above.
- Two wellness days per year.
- Six paid holidays.
- Meal allowance.
- Temporary license fees paid – PGY1.
- In-training exams paid.
- Part III NBOME boards paid once as PGY1.
- Lab coat allowance.
- Poster presentation allowance.
- $1,000 educational allowance – PGY1.
- $1,500 educational allowance – PGY2 and above.
- Health insurance.
- Moonlighting available.
- Low cost of living.

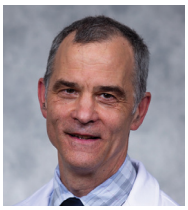
Attending physicians



Eric Snider, DO
Program Director



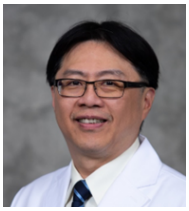
Karen Snider, DO, FAAO, FNAOME
Department Chair



Brian Degenhardt, DO



Anna Esparham, MD, FAAP, DABP, DABOIM, DABMA



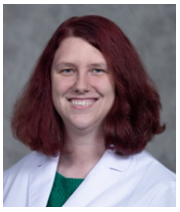
Ming-Tse Kao, DO



Jonathon Kirsch, DO



Billy Strait, DO



Meadow Will, DO

Primary contact

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660.626.2537

Northeast Regional Medical Center

ATSU | A.T. Still University
FIRST IN WHOLE PERSON HEALTHCARE

Osteopathic Manipulative Medicine
College of Osteopathic Medicine
MICHIGAN STATE UNIVERSITY



Michigan State University ONMM Residency Program

The Michigan State University ONMM Residency Program in East Lansing, Michigan offers entry into ONMM 1, ONMM 2 and ONMM 3 (plus 1) years. Our Program has been ACGME accredited since 2016, and was the first ONMM program to receive Continued Accreditation. We work hard to provide our Residents with a well-rounded educational experience that will prepare them to be successful Osteopathic Neuromusculoskeletal Medicine physicians.

PROGRAM FEATURES:

- 3-Year Residency Program
- Access to a BIG 10 University
- Competitive Salary and Benefit Package
- Large CME Budget
- Weekly Didactics
- Teach and Table Train Medical Students
- 20 Vacation Days per Year
- 5 CME Days per Year

We are a large program with multiple spots available, offering training in our busy, 23 room Neuromusculoskeletal clinic with exposure to 15 physicians of diverse training and Board certifications, including NMM, Pediatrics, PM&R, Sports Medicine and Primary Care. The Inpatient experience will be fulfilled by rotating at 2 large hospitals in the Greater Lansing area.

Our Program includes core rotations in Physical Medicine and Rehabilitation, Sports Medicine, Orthopedic Spine, Rheumatology, Neurology, and many other elective rotations available. Residents will work with a dedicated D.O./Ph.D. faculty member on a regular basis to explore and assist with research techniques and presentation.

As part of our program, residents will attend AAO Convocation each year of their residency as well as have opportunities to attend CME of their choosing.

Contact Information
Michele Benton, Program Coordinator
bentonmi@msu.edu

For more information on our program, please visit: https://omm.com.msu.edu/Residency

Trinity Health Muskegon - ONMM Residency

Our Mission is to provide a high quality, immersive 1, 2, or 3-year ONMM training experience to those interested in further developing or enhancing their osteopathic knowledge and skills. Our program is designed to provide an optimal learning and teaching environment for those who wish to pursue osteopathic theory and practice in both in- and outpatient settings that can be tailored to meet the needs of the resident who wishes to pursue either an academic or clinical career pathway. We adhere to traditional osteopathic principles in providing a well-rounded, integrated approach to the whole patient, utilizing both conventional and alternative management tools.



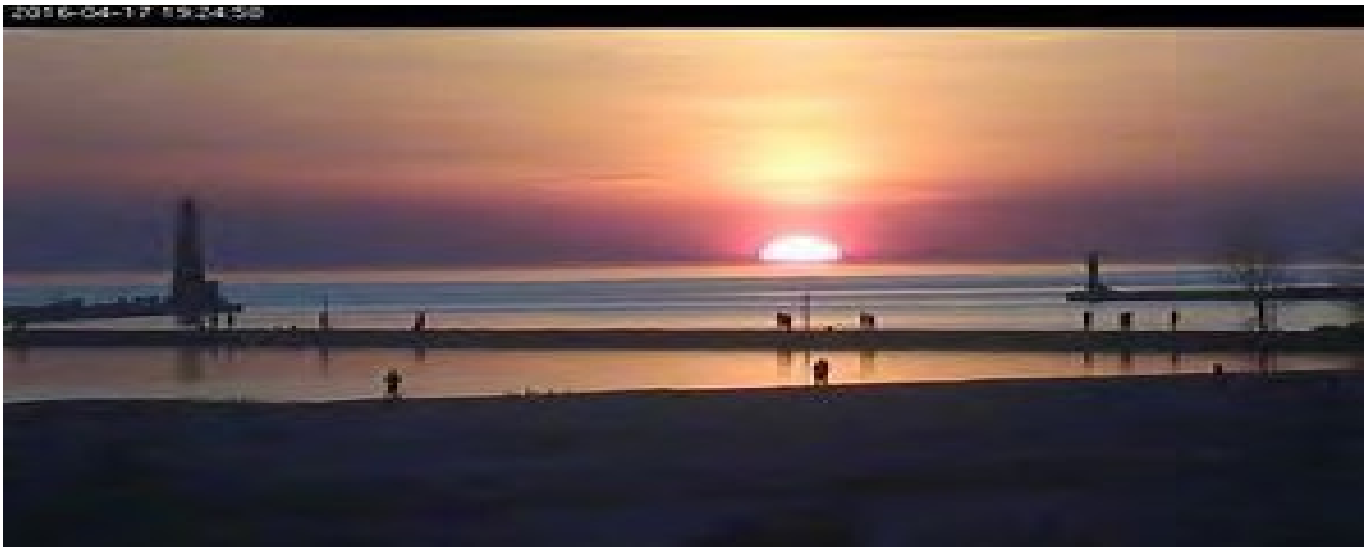


Our Opportunities:

- Serving a large and diverse patient population with complex conditions seen in busy, in- and out- patient clinical settings.
- Access to patients from a variety of specialties including surgery, obstetrics, pediatrics, orthopedics, sports medicine, occupational medicine, rheumatology, neurosurgery, in-patient rehabilitation, and physical medicine.
- Freedom to choose electives in your area of interest.
- Strong academic and research support.
- A diverse faculty with strong traditional Osteopathic training and decades of clinical experience.

- A supporting institution dedicated to fostering and nurturing osteopathic theory and practice, including A.T. Still's focus on 'The Triune Nature of Man'.
- A faculty that is supportive and experienced with alternative and integrative modalities i.e. trigger point therapy, acupuncture, frequency specific microcurrent, laser, prolotherapy, and functional medicine.
- A host institution that is eager to help support the development, maintenance, and dissemination of osteopathy now and into the future.
- The opportunity to participate in journal clubs, grand rounds, MM&I , formal didactics, and participation with the MSU Statewide Campus System.
- We are affiliated with Michigan State University and encourage our residents to take advantage of their rich and outstanding CME program.
- Competitive salary with excellent benefits including health, CME and PTO.
- A beautiful beach-side location in West-Michigan.
- For more information and how to apply, please visit: Neuromusculoskeletal Medicine | Trinity Health Muskegon, Graduate Medical Education (trinityhealthmichigan.org)





Cleveland Clinic
South Pointe Hospital



South Pointe Hospital

We are recruiting for our ONMM - 3 Residency Program

Unique Attributes

- ACGME Continued Accredited ONMM-3 Residency Program
- Resident-centered education
- Community based training program
- Shared campus with Ohio University Heritage College of Osteopathic Medicine (OUHCOM)
- One longitudinal one month inpatient OMM rotation
- Resident lead weekly inpatient OMT/Internal Medicine/Surgery Osteopathic Recognition rounds
- Busy outpatient OMT clinic with consistent patient follow up
- Gross anatomy lab curriculum
- Osteopathic focused radiology curriculum
- Elective longitudinal teaching experience with OUHCOM first and second year medical students, teaching associates and OMM Honor students

Faculty Highlights

- 5 ONMM board - certified faculty with diverse treatment styles.
- Teaching faculty in Integrative Medicine, Sports Medicine, Orthopedic Surgery, Podiatry, Palliative Medicine, Musculoskeletal Radiology, Diagnostic Radiology, Physical Medicine and Rehabilitation, Neurology, Rheumatology, OBGYN, OBGYN Chronic Pain Medicine, Breastfeeding Medicine, and ONMM Private Practice

Benefits Included

- Competitive salary and benefits package
- Health and dental insurance
- Access to research resources in the Cleveland Clinic system

For More Information

southpointehospital.org/Home/ONMM-3/Program-Overview

For Resident Rotations

Crys S. Curkendoll-Draconi, PMP
draconc2@ccf.org or (216) 491.4198

For Student Rotations

Crys S. Curkendoll-Draconi, PMP
draconc2@ccf.org or (216) 491.4198

To Apply

Please contact our Program Manager
Crys S. Curkendoll-Draconi, PMP
draconc2@ccf.org

The initial application can be found on ERAS.
Interviews conducted virtually via Thalamus

Leadership



Zhan Tao Yang, DO
Program Director

Medical School: Touro University Nevada College of Osteopathic Medicine, Henderson, NV

Residency: Family Medicine/NMM at South Pointe Hospital, Warrensville Hts., Ohio

Board Certification: AOBFP, ABFM, AOBNMM



Michael Bourgeois, DO
Associate Program Director

Medical school: Edward Via College of Medicine, Blacksburg, VA

Residency: ONMM-3, South Pointe Hospital, Warrensville Hts., OH

Residency: Internal Medicine Residency, Cape Fear Valley Medical Center, Fayetteville, NC

Board Certification: AOBIM, AOBNMM



Korrie Beverley-Waters, DO
Core Faculty, Director of Osteopathic Education (DOE)

Medical School: Ohio University Heritage College of Osteopathic Medicine, Athens, OH

Residency: Summa Health System Family Medicine Residency Program, Akron, OH

Residency: ONMM-3 Northern Light Eastern Main Medical Center, Bangor, ME

Board Certification: AOBFP, AOBNMM

Faculty



Katrina Rakowsky, DO
Core Faculty

Medical School: Michigan State University College of Osteopathic Medicine, East Lansing. MI

Residency: Family Medicine, South Pointe Hospital, Warrensville Hts., OH

Board Certification: AOBFP, AOBNMM



Roshny Vijayakar, DO
Core Faculty

Medical School: Alabama College of Osteopathic Medicine, Dothan, AL

Residency: Transitional Year, MountainView Regional Medical Center Las Cruces, NM

Residency: Osteopathic Neuromusculoskeletal Medicine, MountainView Regional Medical Center Las Cruces, NM



Cheryl Hammes, DO
Clinical Faculty

Medical School: Ohio University Heritage College of Osteopathic Medicine, Athens, OH

Residency: Family Medicine, South Pointe Hospital, Warrensville Hts., OH

Board Certification: AOBFP, AOBNMM



About South Pointe Hospital

- Founded as an osteopathic hospital in 1957
- Training ONMM residents since 2010
- Training programs in five specialties
- Top 10 ranked hospitals in Cleveland
- #1 Socially responsible hospital in Ohio (Lown Institute)



About Cleveland Clinic

- Ranked number 2 hospital in the world by *Newsweek World's Best Hospitals* 2025
- World renowned for research and innovation



About Cleveland

- Affordable housing in a variety of settings
- Easy access to international airport
- Major sports teams: Guardians, Browns, Cavaliers
- Opportunities for research with Cleveland Clinic faculty
- Rich and diverse cultural life including: Rock and Roll Hall of Fame, Cleveland Museum of Art, Cleveland Orchestra, Little Italy, Chinatown Nightmarket and much more!

OhioHealth O'Bleness Hospital

Osteopathic Neuromusculoskeletal Medicine Residency Program

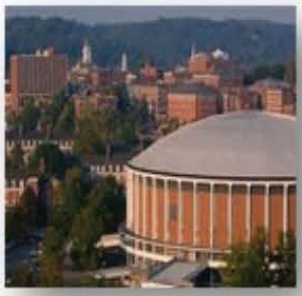
Jennifer Kingery, DO
Program Director

Athens, OH

Osteopathic Neuromusculoskeletal Medicine Residency

- ACGME Accredited: ONMM1- ONMM2- ONMM3
- Inpatient OMM consult service
- Ability to be a table trainer at Ohio University Heritage College of Osteopathic Medicine
- Ample opportunity to teach medical students and residents at all levels of training
- Located in the beautiful foothills of Ohio in the charming college town of Athens







Benefits

- Competitive Salary
- Competitive CME Allowance
- 20 Vacation Days plus 5 Educational Days
- Benefits including health, vision, dental and disability
- Paid expenses for the ITE at the American Academy of Osteopathy Convocation



Jennifer Kingery, DO
Program Director



Stevan Walkoswki, DO
Assoc. Program Director



Benjamin Booker, DO
Core Faculty

CONTACT

Lizzie Kasler, Residency Program Consultant
Lizzie.Kasler@ohiohealth.com

www.ohiohealth.com/medical-education/how-to-apply

Medical Education- 55 Hospital Drive, Athens, OH 45701

OhioHealth
BELIEVE IN *WE*™

Greenbrier Valley Medical Center

Vandalia Health

Our Program:

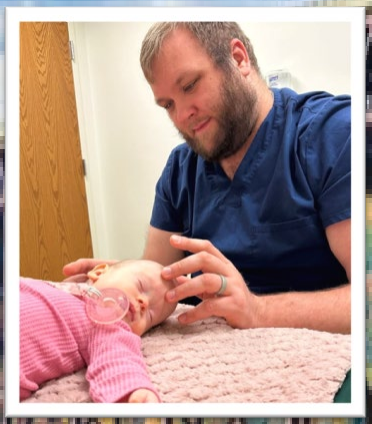
- CAMC GVMC ONMM Residency Program offers ONMM1 and ONMM3 level positions.
- We are an ACGME accredited program serving a diverse rural population.
- We have many full-time ONMM faculty who utilize all treatment modalities, including weekly hand-over-hand training, special didactics lectures, and mentorship.
- Diverse rotations including acupuncture, whole health, neurology, rheumatology, interventional pain, podiatry, psychiatry, and more.
- We offer rotation opportunities at Charleston Area Medical Center, in Charleston, WV – a level one trauma center with over 20 residency/fellowship programs on site.
- We offer a strong ONMM inpatient consult service with ample exposure to inpatients with a broad range of diagnoses, obstetrics, newborns, pediatrics, and orthopedics/general surgery.
- Residents participate in robust academic medicine rotations at West Virginia School of Osteopathic Medicine. This includes weekly academic medicine OPP I/II table training with preceptor oversight, osteopathically oriented cadaveric dissections, and presentations of ONMM lecture and lab topics to WVSOM students.
- Residents can attend specialty work-shops in Fascial Distortion Model, Proliferative Therapy, Percussion Vibrator, Cranial, Visceral Manipulation, Still Technique, NADA Training, and many more to tailor their education to their personal interests.



Pam deWilde, D.O.
Program Director
(304)647-6335
pdewilde@osteo.wvsom.edu

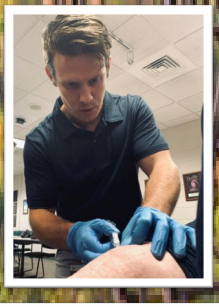
Crissandra Digges, DO
Associate Program Director
(304)793-6589
cdigges@osteo.wvsom.edu

Savannah Harvey
Program Coordinator
(304)993-3909
savannah.harvey@vandaliahealth.org











About the Area:

- Located in the beautiful Alleghany Mountains of southern West Virginia our area offers a myriad of activities and amazing scenery.
- Numerous outdoor adventures in the area such as hiking, biking, disc golfing, fishing, kayaking, caving, skiing, and snowboarding.
- Greenbrier County is home to The Greenbrier Resort, with its breath-taking beauty and sweeping landscapes, and many amenities such as fine dining, a world-class spa, PGA golf courses, and outdoor adventures.
- Greenbrier is only a few hours travel from major cities such as Washington, D.C.; Charlotte, NC; Richmond and Charlottesville, VA.
- Lewisburg, WV: USA Today's "Best Small-Town Food Scene 2023 & 2024!
- Lewisburg, WV: USA Today's "America's Coolest Small Town 2011!"

Osteopathic Neuromusculoskeletal Medicine (ONMM) Residency

Baptist Memorial Hospital - Southaven, Mississippi (BMH-DeSoto)
Baptist University College of Osteopathic Medicine (BUCOM), Memphis, Tennessee

Residency Highlights

- Offering ONMM1, ONMM2 or ONMM3
- BMH-DeSoto is a 339-bed acute care hospital located just 5 miles south of Memphis, TN
- Resident-centered education with Faculty
- Brand NEW OMT clinic
- NEWLY DEVELOPED reserved ONMM residency space at BMH-DeSoto
- Broad urban and rural experiences available
- Elective longitudinal teaching experience with BUCOM first and second year students, teaching associates, and OMM

Faculty Highlights

- 5 ONMM board certified faculty with diverse treatment styles
- Faculty have a diverse set of OMM interests with a foundation in the biomechanical approach and Foundation Training, including cranial, postural, and visceral techniques

Benefits Included

- Competitive salary and benefits package
- Health and dental insurance
- Access to research resources in the Baptist Health System
- Fully funded attendance to the AAO Convocation each year
- Local career opportunities to join clinical faculty at BUCOM

Program Director:
Kelly Halma, DO
Kelly.Halma@BaptistU.edu

Medical Student Elective Rotations Please contact:
John Voelpel, DO
John.Voelpel@BaptistU.edu



The ONMM program at Baptist Desoto will offer a great opportunity to work with Family Medicine and Transitional year residents as well as Osteopathic Medical Students from the NEW BUCOM in Memphis with a valuable blend of inpatient and outpatient experiences. Residents will have their continuity clinic in our new OMM clinic on the campus of BMH-Desoto to develop hands-on expertise, while fostering strong interpersonal relationships with patients, staff and faculty. Each resident will have the opportunity to care for patients and receive medical education in both Baptist-owned medical facilities and Baptist's community partner's facilities throughout their training. This systematic arrangement will provide each resident with a wide variety of educational opportunities in multiple clinical settings and various patient populations.

In keeping with the Baptist's mission, a three-fold ministry of Christ -- Healing, Preaching, and Teaching -- we offer an outstanding balance of academic learning and hands-on experience while providing quality healthcare to all. We are devoted to developing quality ONMM physicians dedicated to their patients, community, and life-long learning. Our unprecedented curricular venture is designed to prepare every resident to be that exceptional ONMM physician for the next generation of medicine.



Visit us online: bmme-osteopathicneuromuscularresidency-desoto.org

ONMM3 Residency & Combined ONMM3/SM Programs

in Blacksburg, Virginia



Your career starts here.

The mission of the HCA Healthcare Lewis/Gale Hospital - Montgomery/VCOM ONMM Residency Program (#2755100002) is to provide residents with training in the development of osteopathic clinical competencies to practice in both the inpatient and outpatient settings as competent, proficient, and professional ONMM specialist physicians. In addition, the residency program will foster academic teaching and research growth towards the development of future physicians who can competently serve as program directors and/or researchers.





Highlights

- Emphasis on teaching traditional osteopathy & history
- Emphasis in palpatory skill development & osteopathic
- principles first, then core skills in all OMT techniques
- Emphasis on developing teaching & research skills
- Supplemental sponsored courses 2-3/yr have included:
  - Hollis King, DO, PhD, FAAO, FCA
  - Anthony Chila DO, FAAO, FCA - 40hr cranial course
  - Ed Stiles DO, FAAO, FCA - AGR of body & cranium
  - Richard Schuster DO - Teachings of Carl McConnell DO
- 120+ hours of hands-on MSK Ultrasound curriculum
- Half-day OMT clinic sessions on infant pediatrics
- Hands-on regenerative medicine exposure
- Hands-on medical acupuncture exposure
- Functional rehabilitation of chronic neuromuscular imbalance

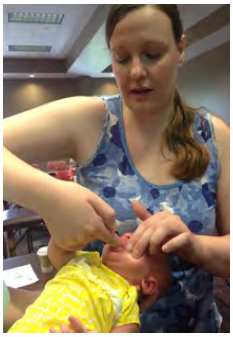
VCOM
Edward Via College of Osteopathic Medicine
VIRGINIA

Contact Information

Melissa Simpkins
msimpkins@vcom.edu
(540) 231-9673

Dr. Albert Kozar, DO, FAOASM
Program Director
akozar@vcom.edu
860-466-0809

www.vcom.edu/onmm



Meet the core faculty

Albert Kozar DO, FAOASM, R-MSK Program Director
NMMOMM, Sports Medicine & FP

- 13 years of MSK private specialty practice experience before joining VCOM in 2015
- A leading national expert in MSK Sonography
- Clinical interest include OMM, functional rehabilitation diagnostic & guided ultrasound, and regenerative medicine

Luke Robinson DO, DABMA Assistant Program Director
NMMOMM, FP & Medical Acupuncture

- More than 7 years clinical experience
- Clinical interests include OMM and Acupuncture for all ages

Hope Tobey DO, FAAP, FAOP
NMMOMM & Pediatrics

- 7 years of inpatient & outpatient general pediatrics experience prior to focusing her clinical work on Peds OMM in 2016
- Clinical interests include Pediatric and obstetrical OMT

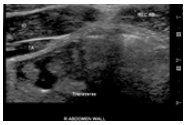
David Harden DO, FAAFP Discipline Chair OMM, VCOM
NMMOMM, FP & Geriatrics

- 8 years in clinical Family Medicine combining general FP & OMM prior to joining VCOM in 2004
- Focus is in Geriatrics & OMM, & clinical interests in Osteopathy

Harriet Shaw DO
NMMOMM

- 44 years of clinical experience and > 30 years of OMM faculty experience at Oklahoma before semi-retiring in Virginia

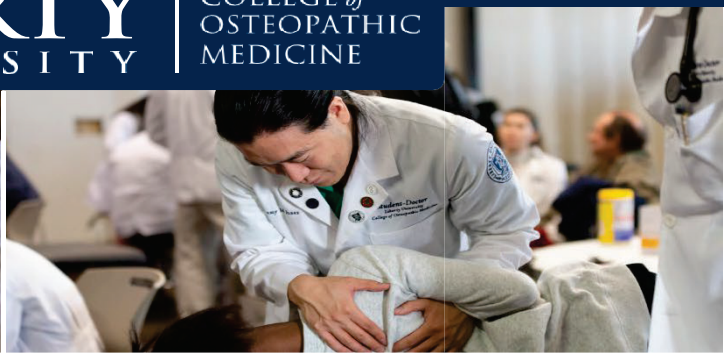






LIBERTY UNIVERSITY | COLLEGE of OSTEOPATHIC MEDICINE





Liberty.edu/LUCOM | LibertyMedicine

ONMM Residents

An Amazing Opportunity

Announcing Liberty University's Osteopathic Neuromusculoskeletal Medicine (ONMM) Residency. Nestled in the Blue Ridge Mountains, of Central Virginia, our ONMM Residency Program at Liberty University offers a multitude of learning experiences in Graduate Medical Education (GME). From continuity clinics to specialty rotations, you will have the opportunity to care for patients of various ages and with diverse diagnoses, while working with peers, medical students, faculty, staff, and program leaders. Our faculty and staff are engaging, eager to teach and mentor, and approach the health of our patients holistically — body, mind, and spirit

Qualifications

Liberty University College of Osteopathic Medicine (LUCOM) is seeking candidates for entry into the Residency ONMM1, 2 or 3 year. Successful candidates will be motivated to further develop their clinical skill for specializing in ONMM, grow as teachers in medical education, and develop leadership skills. Rich in a culture of inter-professional collaboration, our dynamic program welcomes and encourages candidates to apply who are eager to engage in patient care, an excellent didactic curriculum, and collaborative scholarly activities.

Benefits

- Salary:
  - PGY-1: $61, 000
  - PGY-2: $62, 500
  - PGY-3: $64, 000
- Health Insurance, Life Insurance, Disability insurance, and Retirement investing start on the first day
- Membership to Vital Work Life
- $1,500 in Professional Development Funds
- Attendance at AAO Convocation and an Intro to OCF Course
- 25 days of paid time off

Graduate Medical Education

LUCOM Graduate Medical Education Services, as well as its residency programming, equips physicians to become leaders in their specialties in the domains of clinical practice, medical education, and scholarship. The ONMM continuity clinic is housed alongside specialties of Physical Medicine and Rehab and Sports Medicine allowing for opportunities of in-depth focus on mind-body medicine and experiences caring for Division I athletes with amazing clinicians who serve as team physicians for Liberty University athletics. With a growing Pediatric and Young Adult Medicine clinic as part of the GME clinic faculty, residents in our program care for a large variety of patient populations and diagnoses. Additionally, our team of ONMM board-certified faculty are enthusiastically dedicated to resident education and development.

Liberty University

Liberty is located in the city of Lynchburg in Central Virginia. Lynchburg is a great place for families, American History Enthusiasts and outdoor recreation buffs with the scenic Blue Ridge parkway, Appalachian trail, boating, skiing, and championship disk golf course nearby. LU campus is over 7,000 acres and sponsors numerous cultural and athletic events, theatrical plays, and more. We welcome your interest and look forward to hearing from you.

For more information on the ONMM program, please visit:
https://www.liberty.edu/lucom/Academics/GME/

Contact

Arlene O'Donnell, DO, Program Director
John Bain, Program Coordinator
ONMMResidency@liberty.edu

Liberty University College of Osteopathic Medicine
Graduate Medical Education Services

ONMM3 Residency Program



Martin Torrents, DO, MPH, MBA
Program Director

AdventHealth East Orlando



The ONMM3 Program is a one-year residency that focuses on training in neuromusculoskeletal medicine with emphasis on osteopathic manipulation and musculoskeletal procedures (i.e.: prolotherapy, PRP, ultrasound guided injection, etc.). Residents are taught a comprehensive array of osteopathic techniques for a diverse population of patients. We maintain an inpatient ONMM consultation service at our home institution, outpatient ONMM clinic, and teach medical students from a variety of osteopathic medical schools. Weekly half-day academic sessions are held. In addition, special emphasis will be placed on neurology, rehabilitation, radiology, sports medicine, and orthopedics as they relate to the neuromusculoskeletal system of patients.

ONMM3 Program Details – 2027-2028 (2026-2027 Filled)

- 4 weeks of ONMM inpatient/hospital consult service
- 4 weeks Orthopedics
- 4 weeks Sports Medicine
- 4 weeks Radiology
- 4 weeks Neurology
- 4 weeks PM&R
- 28 weeks of electives
- 3 half days of ONMM clinic, next door to the hospital
- Medical Acupuncture clinic available
- 5 half days of designated rotation
- 1 half day of ONMM didactics

**rotations may be adjusted by PD based on experiences in prior residency

Find out more!

AdventHealth Family Medicine Program

Sister Program

Located in the same clinic and hospital
Qualified primary residency for ONMM3
All spots with Osteopathic recognition

www.adventhealthorlandogme.com – Lori.Baiji@AdventHealth.com

ONMM3 program:

- Busy outpatient clinic
- Diverse patient population
- Ample teaching opportunities
- PRP/prolo clinic appointments
- 2 MSK ultrasounds
- No weekend Call
- Overnight pager call only during hospital service block
- Consults seen in 24 hours M-F
- Moonlighting permitted
- Opportunities for cadaver lab dissections

Didactics

- Small group weekly didactics
- Bi-weekly journal club
- AT Still Book club
- Hands-on teaching
- MSK ultrasound training

Requirements

- Successful completion of an OR primary residency

Benefits:

- Salary $78,536/yr
- Family health insurance
- Life insurance, malpractice insurance, wellness program
- White coats
- Free meals (AH sites)

Follow AdventHealth Graduate Medical Education Central Florida

LARKIN® COMMUNITY HOSPITAL
A TEACHING HOSPITAL

LARKIN HEALTH SYSTEM 50 YEARS 1968-2018

GRADUATE MEDICAL EDUCATION at Larkin Community Hospital

Larkin Hospital Palm Springs Campus ONMM Residency Programs

1475 W. 49th Place – Hialeah, Florida 33012

In conjunction with

The Institute for Non-Surgical Orthopedics, Ft. Lauderdale, Delray, Hollywood and South Miami

Larkin GME is proud to have had Osteopathic Neuromusculoskeletal Medicine Residency Programs since 2010. Our AOA Integrated FM/NMM program has transformed to an ACGME Accredited ONMM 2 Residency Program and our AOA NMM+1 program has transformed into an ACGME Accredited ONMM 3 entry level Residency Program.

ONMM 2 entry requires an AOA or ACGME approved rotating internship or transitional year in medicine or surgery.

ONMM 3 entry requires a completed AOA or ACGME primary residency program and is a one year extension of training for proficiency in Osteopathic Neuromusculoskeletal Medicine.

Completion of either program leads to board eligibility in NMM from the American Osteopathic Board of Neuromusculoskeletal Medicine (AOBNMM).

Our mission is to prepare and send out into the world extremely competent Osteopathic Physicians skilled in Osteopathic Principles and Practice, Non-Surgical Orthopedics and Neuromusculoskeletal Medicine as we reinforce global applications of Osteopathic Principles and Philosophy with a background in General Medicine training.

Larkin's Education Program includes multispecialty approaches to patient care which incorporates Block Schedule, Continuity Clinics and Rotations in NMM, Neurology, Radiology, Physiatry, Orthopedics, Pain Medicine, Sports Medicine and Rheumatology.

- **Our Residents and Directors elect a dedicated Team Leader as Chief Resident to help brainstorm the structural framework of our educational content each year.**
- **We have two NMM Board Certified Physicians, One FAAO Physician, and two NMM Board Eligible Physicians that all teach in our Continuity Clinics and help with weekly four hour Didactic Sessions. Other attending physicians are Board Certified in Family Medicine, Sports Medicine, and Pain Medicine.**

- **Integration of ZOOM and GOOGLE has helped bridge the distance gap from the Larkin Hospitals and INSO's Ft. Lauderdale, Hollywood office and Delray offices.**
- **Our program helps ensure that each and every resident builds solid public speaking skills and becomes comfortable running OMT Workshops for local and statewide educational programs. ONMM Residents need to learn their teaching voice and build confidence to establish their role in NMM as a lifelong educator.**
- **Continuing Education Events include AAO Convocation and In-service Examinations, Cranial Osteopathy Course, and State Osteopathic Association Conferences.**
- **Moonlighting upon full Florida Licensure is available.**
- **ONMM Continuity Clinics at any of our geographical locations depending on accommodations and residence location.**

By the Numbers: Fort Lauderdale – 6000+ office visits per year

Delray – 3700+ office visits per year

Hollywood – 900+ office visits per year

Miami – 800+ office visits per year

Virtual – 550 online visits per year

APPLICATIONS:





MIDWESTERN UNIVERSITY GME CONSORTIUM
OSTEOPATHIC NEUROMUSCULOSKELETAL MEDICINE

Residency Program

Program Information for Candidates

Enjoy the beautiful 143-acre Midwestern University campus, site of the OMM Clinic and Arizona College of Osteopathic Medicine, located in Glendale, Arizona. We are a not-for-profit University, with two full-time positions each year for our one-year residency (ONMM3) program. Our one-year curriculum provides training in osteopathic principles and practices, anatomy and all OMM techniques, as well as training in regenerative medicine and ultrasound.

The curriculum includes two months of OMM in-patient consult service at a diverse teaching hospital in conjunction with a family medicine residency, as well as longitudinal continuity clinic at the Midwestern Multispecialty Clinic.

The residency is accredited by the Accreditation Council for Graduate Medical Education (ACGME). Program Director, Gary Gailius,
D.O., trained at St. Barnabas Hospital in the Bronx, NY, and is board- certified by the AOBNMM. The residency didactics program includes time spent in the anatomy lab with Ph.D. anatomy professors, with a focus on functional anatomy.

Join a growing community in the metropolitan area of the 5th largest city in the country, with access to Sedona, the Grand Canyon, multiple national parks, skiing in Flagstaff, and many other internationally known nature destinations. We believe you will find our residency program to be one of the best in the nation.

Residency Highlights

- Outstanding AOBNMM-certified faculty
- Fully funded attendance to the AAO Convocation conference
- A 40-hour Basic Cranial Osteopathy course approved by the Cranial Academy and offered at AZCOM
- Career opportunities to join clinical faculty at Midwestern University
- Qualifies for Public Service Loan Forgiveness
- Research opportunities through Midwestern University GME Consortium

Contact Information:



Gary Gailius, D.O.
Program Director
858-405-7311
ggaili@midwestern.edu

Midwestern University
GME Program Coordinator:
623-572-3854

MIDWESTERN UNIVERSITY
GRADUATE MEDICAL EDUCATION
Tomorrow's Healthcare Team
www.midwestern.edu

INTERESTED IN BUILDING YOUR KNOWLEDGE OF NMM/OMM?

The Rocky Vista University Osteopathic Neuromusculoskeletal Medicine (ONMM3) residency program was established to develop highly trained physicians who can act as both clinicians and academicians.

ONMM Residents will develop their clinical skills through inpatient care at Sky Ridge Medical Center and The Medical Center of Aurora. Outpatient care will be completed at the Rocky Vista Health Center and other associated outpatient clinics. Academic development will occur at the Rocky Vista University College of Osteopathic Medicine.

- Sky Ridge Medical Center: Full service, 284 bed facility (Lone Tree, CO)
- The Medical Center of Aurora: Full service, 269 bed facility (Aurora, CO)
- Rocky Vista Health Center is located in Parker, Colorado and offers a wide range of services including primary care medicine, sports medicine and osteopathic manipulative medicine.
- The Rocky Vista University College of Osteopathic Medicine is located in Parker, Colorado and was established in 2006.

The ONMM3 program provides extensive training in Osteopathic Neuromusculoskeletal Medicine for physicians who have already completed a residency in an approved specialty. The ONMM3 program meets AOA requirements for NMM/OMM certification. It has ACGME Continued Accreditation. Successful completion will allow the individual to apply for the Neuromusculoskeletal Medicine/Osteopathic Manipulative Medicine certification examination and possibly be eligible to serve as a Program Director of an ONMM program. We want those who complete our program to become lifelong learners, practitioners and teachers of ONMM, and be of service to our profession in a variety of capacities. Many of the OPP faculty at the various colleges of osteopathic medicine are certified in NMM/OMM.

For more information, scan the QR codes below to be directed to the program's websites or contact:

Program Director - Scott Wilkie, DO, MS (swilkie@rvu.edu)
Program Coordinator - Nadya Sharonova (nsharonova@rvu.edu)

ATSU Still OPTI

Rocky Vista University

"What are the limits of Osteopathy?
No one knows the limits of Osteopathy."

- John Martin Littlejohn, DO



ROTATION CHOICES

- Family Medicine
- Functional Medicine
- Hospice and Palliative Care
- Integrative Medicine
- Internal Medicine
- Medical Acupuncture
- Musculoskeletal Radiology
- Neurology
- Neurological Surgery
- Occupational Medicine
- Orthopedic Spine Surgery
- Pediatrics
- Physical Medicine & Rehabilitation
- Podiatric Medicine
- Primary Care Sports Medicine
- Rheumatology

ROCKY VISTA UNIVERSITY

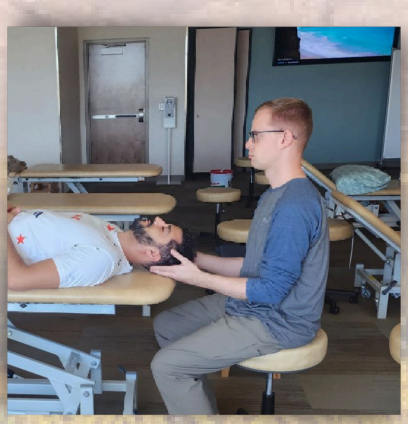
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Osteopathic Neuromusculoskeletal Medicine Residency Program

MOUNTAINVIEW
REGIONAL MEDICAL CENTER



Nestled in the heart of the southwestern desert, MountainView Regional Medical Center serves a diverse population. Our program seeks to train exceptionally skilled and culturally competent Osteopathic Neuromusculoskeletal Medicine Specialists that are also well rounded general practice physicians. Our program offers a categorical ONMM program as well as Advanced Placement (OMM plus-one)



Graduates from this program have risen to leadership positions in residency programs, opened successful private practices, joined existing practices, as well as teach at COM's across the country.



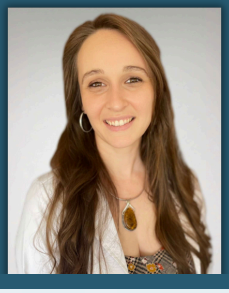
Alongside our base rotations, we strive to tailor your experience to your future practice goals. Residents graduate with expertise in all OMT techniques and a diverse range of injection procedures to better serve their patients. We offer a low resident to attending ratio, quality precepting, and highly structured weekly didactics, which provide excellent board preparation.

Las Cruces is also a safe and affordable location adjacent to the beautiful Organ Mountains..

In and Around Las Cruces

- Hiking, biking, camping
- Off-road trails
- Elephant Butte Lake
- Truth or Consequences hot springs and salt caves
- White Sands National Park
- Carlsbad Caverns
- 45 minutes to El Paso International Airport
- Old Mesilla festivals and weekly farmer's market
- A day's drive to Phoenix, Tucson, Albuquerque, Santa Fe, Colorado, and more!

www.mountainviewregional.com/graduate-medical-education


Katherine Nixon, DO, Program Director
katherine.nixon@mountainviewregional.com
Brittany Fisher, DO, Assistant Program Director
Steven Gustafson, DO, Program Faculty

Program Coordinator contact info:
residencyonmm@mountainviewregional.com

Curriculum

During the PGY-1 year residents focus on general medicine in a variety of specialties, serving as the foundation of medical knowledge moving into the second and third years. Our PGY-1 residents will also have 1 half day in the ONMM clinic and attend ONMM didactics.

Our PGY-2, PGY-3, and Advanced Placement (plus-one) curriculum highlights osteopathic principles and philosophy, and transitions residents into managing patients in the Osteopathic Medicine Clinic as well as a daily inpatient service. Our residents are supported by a robust didactics curriculum including:




- Resident led anatomy and physiology discussions
- Clinical case discussions
- Core reading assignments in osteopathic philosophy and medicine
- Weekly resident led journal club
- Discussion of therapeutic exercises and their significance in patient care
- Weekly OMT technique review
- Teaching opportunities at the local medical school, Burrell College of Osteopathic Medicine
- Injection procedure workshops with and without ultrasound
- Full year long MSK ultrasound curriculum incorporated into didactics sessions

Dedicated Injection Procedure Time Weekly

- Trigger point injections
- Dry needling
- Intra-articular joint injections
- Nerve blocks
- Prolotherapy
- Platelet Rich Plasma injections
- Neural therapy
- Perineural injection therapy



MountainView Regional Medical Center
4311 E Lohman Ave
Las Cruces, NM 88011

OSU COLLEGE OF OSTEOPATHIC MEDICINE

ONMM3 RESIDENCY



Reasons to come to Oklahoma!

- 82,000 sq. ft. A.R. and Marylouise Tandy Medical Academic Building, including a state-of-the-art OMM lab
- Ability to individualize the program's focus and 1:1 resident/preceptor ratio
- Inpatient OMM consult service experience in Tulsa at OSU Medical Center
- Longitudinal pediatric clinic experience
- Table training in the first and second year OMM labs
- Opportunities to develop lecturing and lab presenting skills
- Strong state presence: DOs make up 26% of physicians in Oklahoma
- Faculty have a diverse set of OMM interests with a foundation in the biomechanical approach, including cranial, postural and visceral techniques

Oklahoma State University College of Osteopathic Medicine (OSU-COM) is recruiting for their ONMM3 Residency. This program is actively involved with inpatient and outpatient clinical care as well as teaching medical students and residents. The affiliated OSU Medical Center in Tulsa is one of the largest osteopathic teaching hospitals in the nation. We have initial ACGME accreditation.

The OSU Center for Health Sciences is located on historic Route 66 along the Arkansas River in Tulsa, Oklahoma. OSU-CHS trains osteopathic physicians, research scientists and other health care professionals with an emphasis on serving rural and underserved Oklahoma.

For more information, contact:
Mark Thai, D.O., *Program Director*
mark.thai@okstate.edu

NMM/OMM Certified Faculty
Jennifer Wilson, D.O., *Department Chair*
Leslie Ching, D.O.
Cameron Henderson, D.O.
Janell Largent, D.O.
Courtney Thompson, D.O.

Other Faculty
Kim Barron, D.O., CASM
Darci Coffman, D.O.
David Cook, D.O.
Julie Dionne, D.O.

Visit okla.st/onmm3-residency or scan the QR code to learn more about our program!

CENTER FOR HEALTH SCIENCES

8.4.25

THINGS TO DO

Tulsa has a welcoming, cosmopolitan feel with a metropolitan area population of more than one million residents. Tulsa offers a variety of arts and cultural experiences and venues such as the Tulsa Performing Arts Center and the BOK Center, which brings in world famous performers throughout the year. It is a very family friendly city with a low cost of living. For more information: www.visittulsa.com.



Art Deco Architecture



Arts



Brews



Coffee



Dining



Family



Farmers Markets



Festivals



Fitness



Museums



Music



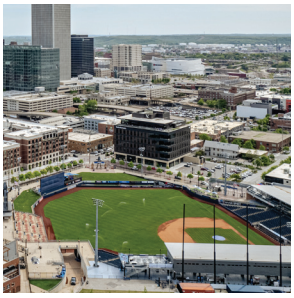
Parks



Route 66



Shopping



Sports



Trails



NOW RECRUITING!

ONMM RESIDENCY PROGRAM

@ LAKE GRANBURY MEDICAL CENTER

PROGRAM PARTICIPATING IN ERAS AND NRMP MATCH

The mission of the Osteopathic Neuromusculoskeletal Medicine program at Lake Granbury Medical Center is to educate, train, and develop physicians with exceptional clinical skills and ethical and professional behaviors, prepared to excel in the field of ONMM at state and national levels, while meeting the needs of the local community and greater regional area. Graduates will be prepared to successfully pass the AOBNMM board examination and enter the profession ready to practice clinically, teach the next generation of physicians in osteopathic principles and practices and produce research to support the practice of Osteopathic Neuromusculoskeletal Medicine.



Locations include:

- Lake Granbury Medical Center
- Lakeside Physicians
- UNT Health OMM Patient Clinic

Contact us at 817-408-3073
LGMC_ONMM_GME@chs.net

KENDI HENSEL, DO, PHD, FAAO
PROGRAM DIRECTOR





ADVANCED HANDS BIG IMPACT

Sam Houston State University
Graduate Medical Education
Osteopathic
Neuromusculoskeletal Medicine

SHREC ONMM3 Plus One Advanced Training Program - Conroe, TX

Welcome to a community-based, university-backed program through the Sam Houston Regional Education Consortium (SHREC), with training based at SHSU Physicians in Conroe, and support from Sam Houston State University (SHSU).

Our ONMM3 program has been developed for physicians who have completed an accredited residency and have knowledge and experience in osteopathic principles and techniques. This 12-month training program leads to eligibility for NMM/OMM board certification.

Located just north of Houston, Conroe offers a fast-growing community, excellent quality of life, and convenient access to one of the nation's largest medical markets.

KEY HIGHLIGHTS

→ Unopposed program with direct faculty mentorship

→ Advanced cranial, visceral, and whole-patient osteopathic techniques

→ Ideal for careers in OMM specialty practice, integrated primary care, sports medicine, academic medicine, and teaching hospitals

→ Inpatient rotation experience

→ Assistant Team Physician opportunities with SHSU NCAA Division I Athletics

→ Exposure to academic medicine through SHSU-COM opportunities

→ On-site CME, didactics, and scholarly activity support

→ Family-friendly community

→ **ACGME**: 2754800004

→ **NRMP**: 2291275R0

LED BY PURPOSE

We prepare physicians to deliver exceptional osteopathic manipulative medicine across diverse patient populations and clinical settings. Graduates leave ready to lead, serve, and strengthen access to care in the communities that need them most.

PROGRAM STRUCTURE

→ One-year ONMM3 Plus One Advanced Training

→ Primary site: SHSU Physicians, Conroe

→ Rotations at Huntsville Memorial Hospital and HCA Houston Healthcare Conroe

→ Sports medicine rotation with SHSU Athletics

→ Advanced training in cranial, visceral, pediatric, and integrated techniques

→ Teaching opportunities with medical students and residents

→ Weekly didactics, journal review, ultrasound/ procedure exposure, and case conferences

→ Career-focused mentorship for private practice, faculty, and hospital-based pathways

WHY PEOPLE CHOOSE SHREC:

At SHREC, you're more than a resident or fellow. You are part of a mission-driven team expanding osteopathic care across Texas.

With advanced hands-on training, direct mentorship, and meaningful patient experiences, you'll be prepared for careers in specialty practice, integrated care, or academic medicine.

LIFE IN CONROE

→ Family-friendly community in Montgomery County

→ Easy access to Houston, The Woodlands, and IAH Airport

→ Lake Conroe, parks, trails, and outdoor recreation

→ Short commutes between housing and clinical sites

→ Dining, entertainment, and suburban amenities nearby



FROM THE DIRECTOR

We are committed to training extraordinary ONMM physicians by building on the classic foundations of osteopathic medicine, cultivating advanced clinical insights, refined palpatory skills and manipulative expertise— preparing physicians to diagnose dysfunction and restore optimal function, and health.

- Dennis C. Rau Jr., DO

FELLOW BENEFITS

$75,000
ANNUAL SALARY

HEALTH INSURANCE
PROVIDED AT NO COST

UNIVERSITY CONNECTION
EMPLOYMENT THROUGH SHSU

$1,000
ANNUAL EDUCATION FUND

TRAVEL SUPPORT
FOR LEADERSHIP & SCHOLARLY PRESENTATIONS

Sam Houston State University
MEMBER THE TEXAS STATE UNIVERSITY SYSTEM

Sam Houston Regional Education Consortium
Contact: comgme@shsu.edu
SHSU GME | shsu.edu/com

THE MEASURE OF A LIFE IS ITS SERVICE

NOORDA COLLEGE
of OSTEOPATHIC MEDICINE

ONMM3 RESIDENCY



For graduates of any ACGME-approved residency

- **Osteopathic Medicine, Fully Integrated**
  Osteopathic principles and practice integrated with MSK ultrasound are an integral part of training.
- **Clinic Built Into the School**
  A fully operational, school-based clinic uniting education, teaching, and patient care.
- **Pediatric and OBGYN Training**
  Clinical experience across all ages, with a focus on pediatric and women's neuromusculoskeletal health.
- **Live and Train in Beautiful Provo, Utah**
  Enjoy affordable living, easy access to the outdoors, and a thriving medical community.







APPLY NOW

noorda.edu/onmm3

Join The RAAO!!

About RAAO

The Resident American Academy of Osteopathy is the postgraduate membership section of the American Academy of Osteopathy (AAO). It was developed to serve osteopathic transitional year/interns (TY), residents and postdoctoral fellows during their postgraduate training.

THE GOALS OF THE RAAO

- To promote utilization and continued education of osteopathic principles and practice (OPP) in postgraduate training programs;
- To provide a network for TY interns, residents and fellows interested in OPP;
- To identify TY interns, residents and fellows at the annual AAO Convocation;
- To provide a platform TY interns, residents and fellows issues at the AAO; and
- To provide AAO representation for TY interns, residents and fellows at the AOA level.

Membership in the RAAO is open to osteopathic medical graduates currently receiving TY internship, residency or fellowship training in any specialty.

As a member of the RAAO you are entitled to all the membership benefits of the American Academy of Osteopathy as well as those specific to RAAO members.

RAAO MEMBER BENEFITS

- Members enjoy lower fees for AAO CME courses and Convocation.
- The Academy's large network of over 1,000 new physicians and RAAO members provide information and support for the various challenges faced in the ever-evolving medical field. Join in the conversation on Facebook, in person at Convocation or at other conventions such as the AOA OMED or state and local organizations.
- For residents who are interested in doing a 12 month ONMM3 pathway, there is no better opportunity to become familiar with the programs, get to know the program directors and begin establishing contacts who can help you find the program that is right for you. View current ONMM Residency Programs.
- RAAO membership provides opportunities to develop osteopathic research projects during residency with access to the Louisa Burns Osteopathic Research Committee and the Foundation for Osteopathic Research and Continuous Education (FORCE).
- Your exceptional work in the field of osteopathic medicine may be rewarded with the AAO Resident of the Year Award.

If you have any questions about membership, leadership positions or issues related to postgraduate NMM/OMM, feel free to contact the AAO or email the RAAO chair at raaochair@academyofosteopathy.org.

Membership Application

3500 DePauw Blvd., Suite 1100 • Indianapolis, IN 46268-1136
(317) 879-1881 • Fax: (317) 879-0563
www.academyofosteopathy.org

AOA No. _____ Date of birth _____ Place of birth (city/state) _____ Citizenship _____

Full name, including degrees and fellowships _____ Gender: ❒ Male ❒ Female

Practice name _____

Street address _____

City and state _____ ZIP code _____ Country _____

Phone _____ Fax _____ Email _____

Home address _____

City and state _____ ZIP code _____ Country _____

Phone _____ Fax _____ Email _____

Preferred mailing address: ❒ Office ❒ Home Preferred email: ❒ Office ❒ Home Preferred phone: ❒ Office ❒ Home

Please indicate where the AAO may publish online your preferred mailing address and telephone number (check all that apply):

❒ Find a Physician at www.FindOMM.org ❒ Membership directory ❒ Do not publish

By providing the contact information above, you are giving the AAO permission to send marketing information regarding courses to your preferred mailing address, email address and fax number.

Education	**Institute or program**	**City and state**	**Year graduated**	**Degree**
Premed college				
Medical college				
Internship				
Residency				

Specialty _____ License (state and number) _____

Membership in other medical societies

American Osteopathic Association ❒ Yes ❒ No Osteopathic Cranial Academy ❒ Yes ❒ No Former SAAO member ❒ Yes ❒ No

Former NUFA ❒ Yes ❒ No AAO-approved international registry ❒ Yes ❒ No Other _____

Have you ever been denied or expelled from membership in a national, state or district medical society or a component society of the AAO? ❒ Yes ❒ No

Have you ever been convicted of violating any state or federal narcotics act or committing any other felony? ❒ Yes ❒ No

Has your license ever been surrendered, suspended, or revoked? ❒ Yes ❒ No

(If you answered yes to any of the three questions above, please explain on a seperate sheet.)

AAO sponsor or reference _____

(Not required if you graduated from an accredited U.S. osteopathic medical college)

Membership categories (please select one)

Full member, DO, MD..... $329
Second year in practice..... $235
First year in practice $124
Resident $59
Retired Member: $78
Associate $329
International affiliate $360
Supporter member $329

Payment by Visa, MasterCard, Discover, or personal check in U.S. dollars only. Please make checks payable to the American Academy of Osteopathy.

Name as it appears on card _____

Card No. _____

Expiration date _____ 3-digit CVV No. _____

Type: Visa MasterCard Discover

In signing this application, I certify that the above information is correct and complete, and I hereby agree to abide by the constitution and bylaws of the American Academy of Osteopathy. I agree to accept the AAO Board of Trustees as the sole judge of my qualifications to be and remain a member. I hereby authorize the American Academy of Osteopathy to charge the above credit card for the membership dues selected above. I understand that any money submitted will be refunded if my application is not approved.

Signature _____ Date _____