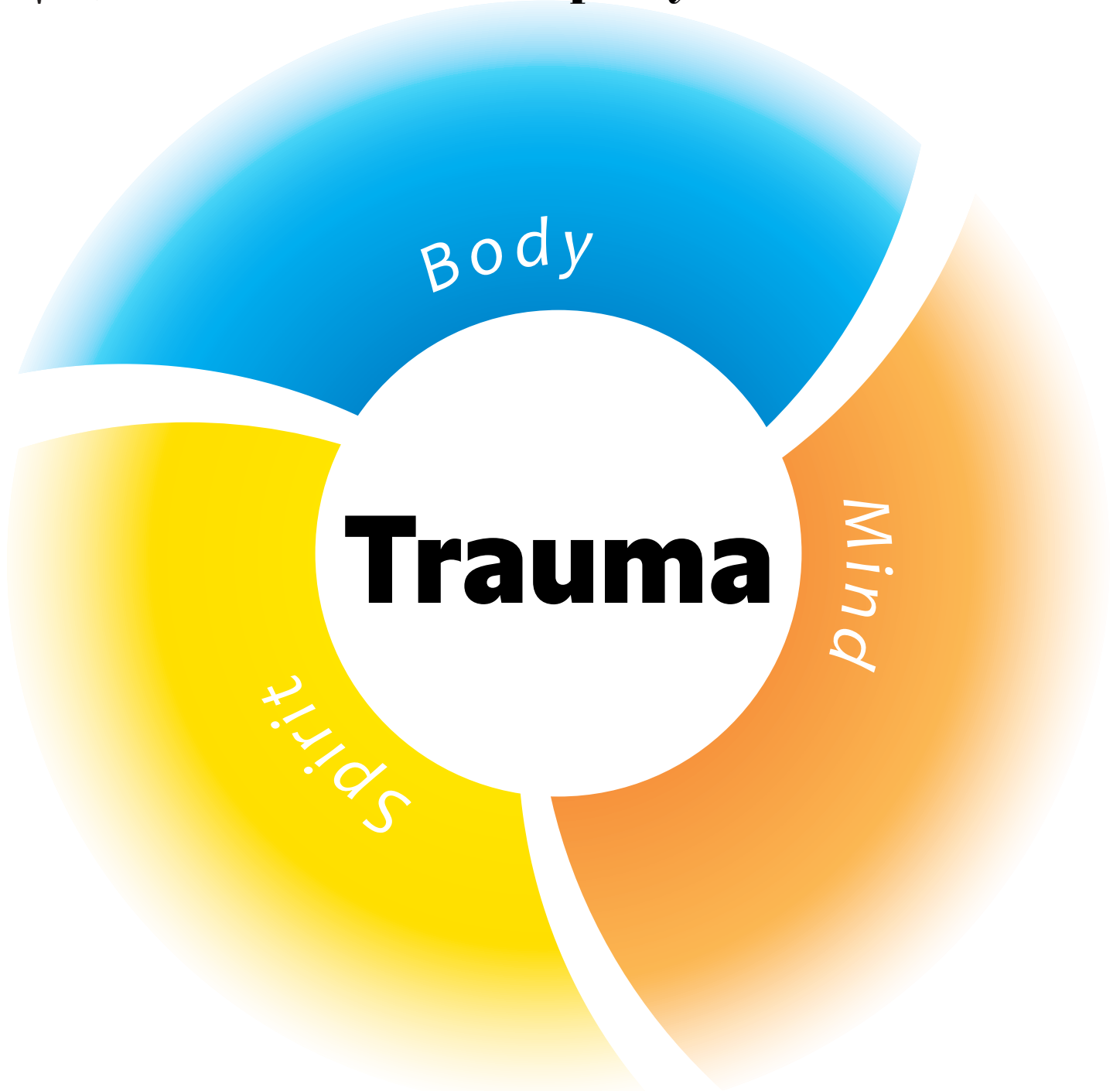




AMERICAN
OSTEOPATHIC
ACADEMY OF
SPORTS MEDICINE

**American
Academy of
Osteopathy®**

**AAO & AOASM
2022 Convocation
SCHEDULES**



*An Osteopathic Perspective of
Body, Mind, and Spirit*

*Shawn R. Kerger, DO, FAOASM, program chair
Priscilla Tu, DO, FAOASM, FAAFP, program chair*

March 23-27, 2022 • Rosen Shingle Creek Resort • Orlando, Florida

Physician Schedule

AAO policy prohibits personal video or audio taping in the lecture hall. Audio recordings can be ordered at the Osteopathic Education Service in the exhibit hall. **Please silence your electronic devices in the lecture hall and breakout sessions.**

Due to fire marshall regulations regarding maximum occupancy, attendees may attend only those sessions for which they registered.

Location information can be found on Page 39 of this program. Locations are subject to change. For the most up-to-date schedule information, download the AAO Convo 22 mobile app for [iOS](#) or [Android](#).

Children are not permitted in the lecture hall or breakout sessions. Thank you for your understanding and cooperation.

Wednesday, March 23

8:00-8:05 am	Introduction	Rebecca R. Rodriguez Regner, DO, FACOFP	
8:15-8:45 am	Evolution of Medical Care at the Ironman Triathlon	T.K. Miller, MD	
8:45-9:15 am	Medical Maladies in Marathoners	Nathan J. Fitton, DO	
9:15-9:45 am	Analysis of Common Injuries in Rowing	Alexandra Myers, DO	
9:45-10:00 am	Q&A	Briana M. Beach, DO (Moderator)	Sebastian J
10:30-11:00 am	Cases from the Pediatric Sports Medicine Clinic: Injuries and Overuse	Kate E. Berz, DO	
11:00-11:30 am	COVID-19, Sports and the Health of Youth and Adolescents	Alex B. Diamond, DO, MPH	
11:30 am-12:00 pm	Early Specialization / Pediatric Burnout	Mary Solomon, DO	
12:00-12:15 pm	Q&A	John C. Biery Jr., DO (Moderator)	
2:00-2:45 pm	Rusty Wright Memorial Lecture: Dr. Wright: The Man, The Osteopath, The Sports Doctor, "the Visionary": Development of the Osteopathic Profession	Joel D. Stein, DO, FAAO, FAOASM	
2:45-3:15 pm	Between the Lines: Energy Deficiency in Athletes	Dusty Narducci, MD	Sebastian J
3:15-3:45 pm	The Power of Iron: How Optimal Levels Help you Reach Your Genetic Potential	Erica N. Goldstein, MD	
3:45-4:15 pm	Updates and Considerations for the Transgender Athlete	Anne Marie Zeller, DO, MSc, CAQSM	
4:15-4:30 pm	Q&A	Brett Spain, DO (Moderator)	
4:00-7:00 pm	NUFA Program		Wekiwa 10
5:00-7:00 pm	Opening Reception		Sebastian K (Exhibit Hall)

To vote for elected officials, each full AAO member should bring a cell phone, tablet or other mobile device with texting capabilities. The AAO will **not** provide paper ballots at the AAO Annual Business Meeting.

Wednesday, March 23

7:00–9:00 pm	<i>Evening with the FAOs & FAOASMs: Insights on the Management of Common Occupational and Sports Injuries</i>	Karen Snider DO, FAAO, FNAOME	Sebastian J
9:00–10:00 pm	<i>AAO Mentorship Meeting</i>		Sebastian L1
9:00–11:00 pm	<i>Evening With the Stars</i>		Sebastian I1, I2, I3, I4
9:00–11:00 pm	<i>AOASM MSK PE Skills</i>		Sebastian L2

Thursday, March 24

6:30–7:15 am	<i>AAO & AOASM Fun Run</i>	<i>Check-in begins at 6 AM</i>	Gatlin Terrace
6:30–7:15 am	<i>Yoga</i>		Osceola Courtyard
8:00–8:05 am	<i>Introduction</i>		
8:05–8:45 am	<i>Trauma Pearls</i>	Kenneth J. Lossing, DO	
9:00–9:45 am	<i>Acute Injuries and Their Treatment with the Fascial Distortion Model</i>	Todd A. Capistrant, DO, MHA	Sebastian J
10:00–11:30 am	<i>Allen Jacobs Memorial Lecture: Groin Pain in Athletes</i>	Tariq M. Awan, DO	
11:45 am–2:15 pm	<i>AAO Annual Business Meeting Luncheon</i>		Panzacola G1-H1-H2
12:15–12:45 pm	<i>AOASM Business Meeting</i>		Sebastian J
12:45–2:15 pm	<i>AOASM Students, Residents, Fellows Luncheon</i>		Panzacola F1-F2
2:30–4:00 pm and 4:30–6:00 pm	<i>Trauma Pearls</i>	Kenneth J. Lossing, DO	Sebastian I1
	<i>Acute Injuries and Their Treatment with the Fascial Distortion Model</i>	Todd A. Capistrant, DO, MHA	Sebastian I2
	<i>Review of Joint Structure and Function: Live Morbid Anatomy</i>	Frank H. Willard, PhD	Sebastian I3
	<i>Kinesiology Taping: Better Movement, Better Outcomes</i>	Abby Perone, DC, NASM-CES, FMT, CF-L1	Sebastian I4
	<i>Evaluation of Groin Pain in Athletes</i>	Tariq M. Awan, DO	Sebastian L1
	<i>Pragmatic Sports OMT</i>	Steven J. Karageanes, DO, FAOASM	Sebastian L2
5:00–7:00 pm	<i>LBORC-NUFA Research Poster Judging</i>		Sebastian K
7:00–9:00 pm	<i>AAO & AOASM LBORC RPM Grand Rounds Research Forum</i>		Sebastian L1
8:00–9:00 pm	<i>AAO Mentorship Meeting</i>		Sebastian I1
8:00–9:00 pm	<i>AOASM Speed Mentoring</i>		Sebastian L2
9:00–11:00 pm	<i>Evening With the Stars and Stripes</i>		Sebastian I1-I2-I3-I4-L1
10:00 pm–12:00 am	<i>Student Mixer</i>		Panzacola G2-H3-H4

Friday, March 25

6:30–7:15 am	Yoga		Osceola Courtyard
8:00–8:45 am	<i>Neuropsychological Aspects of Acute Musculoskeletal Trauma</i>	Frank H. Willard, PhD	Sebastian J
8:45–9:30 am	<i>Neuro-Ocular Release Technique: Pain Relief in 3 Seconds</i>	Richard A. Feely, DO, FAAO, FCA, FAAMA, FIAIME	
10:15–11:00 am	<i>Know Pain, Know Gain: How Pain and the Immune System is Our Great Defender Against Trauma</i>	Luke Bongiorno, PT, MCMT	
11:00–11:45 am	<i>Research and Clinical Considerations in Concussion Evaluation and Management</i>	Per Gunnar Brolinson, DO, FAOASM, FAAFP, FACOFP	
11:45 am–12:30 pm	<i>Observations on the Corticomotor Basis of Traumatic Musculoskeletal Injury</i>	Shawn D. Flanagan, PhD, MHA	
2:00–3:30 pm and 4:00–5:30 pm	OMT and Concussion: What Inquiring Minds Want to Know	Per Gunnar Brolinson, DO, FAOASM, FAAFP, FACOFP	
	<i>Know Pain, Know Gain: How Pain and the Immune System is Our Great Defender Against Trauma</i>	Luke Bongiorno, PT, MCMT	Sebastian I2
	Review of Joint Structure and Function: Live Morbid Anatomy	Frank H. Willard, PhD	Sebastian I3
	An Introduction to Transcranial Magnetic Stimulation-Based Neuromuscular Assessment Techniques	Shawn D. Flanagan, PhD, MHA Maria C. Canino, MS	Sebastian I4
	Vestibular Rehab in a Patient with Concussion	Gregory Rubin, DO	Sebastian L1
	Neuro-Ocular Release-The Technique	Richard A. Feely, DO, FAAO, FCA, FAAMA, FIAIME	Sebastian L2
4:00–7:00 pm	Residency Information Session		Sebastian L3-L4
9:00–11:00 pm	NUFA Social		Sebastian L3-L4

RAAO Track Lectures (Residents only)

8:00–9:00 am	<i>Biomechanics of the Pelvis and Sacrum as They Relate to Cranial Treatment</i>	Simeon John Hain, DO	Sebastian L4
9:00–10:00 am	<i>Appendicular Orthopedic Evaluation and Treatment</i>	Albert Kozar, DO, FAOASM, R-MSK	
10:00–11:00 am	<i>Approach to Treating the Seated Patient</i>	José S. Figueroa, DO, FA-OCPMR, FAAPMR	
11:00 am–12:00 pm	<i>Panel: The Business of Osteopathic Medicine</i>	Nicholas W. Salupo, DO (Moderator)	

Saturday, March 26

6:30–7:15 am	SMASH Workout	Abby Perone, DC, NASM-CES, FMT, CF-L1	The Timucua Patio
6:30–7:15 am	Yoga		Osceola Courtyard
8:00–9:30 am	Magoun Memorial FAAO-NUFA Forum (FAAOs and NUFAs only)	Hugh M. Ettlinger, DO, FAAO, FCA	Sebastian I1
8:00–8:45 am	Non-Accidental Trauma and Sexual Abuse Among Athletes	Mary Solomon, DO	Sebastian J
8:45–9:30 am	Addressing the Psychology of Return to Play Following Injury and Trauma	Rance L. McClain, DO, FACOPF, FAOASM Elizabeth K. McClain, PhD	
9:30–10:15 am	Experiencing and Healing Trauma: An Integrative Approach	Matthew Sanford	
10:00 am–12:00 pm	Conclave of Fellows (FAAOs Only)	Kendi L. Hensel, DO, PhD, FAAO	Sebastian I1
1:00–2:00 pm	Harold A. Blood, DO, FAAO Memorial Lecture: 21st Century Osteopathic Axioms	Lisa DeStefano, DO	Sebastian J
2:00–4:30 pm	A. Hollis Wolf Case Presentation Judging Competition		Sebastian J
1:30–3:00 pm and 3:30–5:00 pm	Visualization and Mental Preparation for Athletes Returning to Play	Rance L. McClain, DO, FACOPF, FAOASM Elizabeth K. McClain, PhD	Sebastian I1
	Applied Integrative Mind-Body Techniques: Grounding, Expansion, and Sense of Direction	Ron Torrance, DO, FAOASM	Sebastian I2
	Review of Joint Structure and Function: Live Morbid Anatomy	Frank H. Willard, PhD	Sebastian I3
	Applied Integrative Mind-Body Techniques: Grounding, Expansion, and Sense of Direction	Matthew Sanford	Sebastian I4
	Chronic Pain and the Mind-Body Connection	Jake E. Fleming, DO	Sebastian L1
	Trauma in Motion, Matter, and Mind	Stevan A. Walkowski, DO	Sebastian L2
4:30–5:00 pm	A. Hollis Wolf Presentation of Awards		Sebastian J
6:30–7:15 pm	AAO & AOASM Reception		Sebastian Foyer
7:15–10:00 pm	AAO President's Banquet		Sebastian J

Sunday, March 27

8:00–9:00 am	<i>Chronic Pain and the Mind-Body Connection</i>	Jake Fleming, DO	Sebastian J
9:00–10:00 am	<i>Treating the Trauma Spectrum with Osteopathy (and Acupuncture)</i>	Stevan A. Walkowski, DO, FAAMA	
10:00–11:00 am	<i>Osteopathic Pain Management in the Post-Opioid Era</i>	James W. Kribs, DO	
11:00 am–12:00 pm	<i>Integrative Medicine Approach to Trauma</i>	Melita Marcial-Schuster, DO	

How Do I Get My CMEs?

At the conclusion of Convocation, you will receive a digital form to self-attest to the CME you attended. Because space is limited, attendees are permitted to attend only those sessions for which they registered.

CME will be reported to the American Osteopathic Association within 60 days following the close of the Convocation self-attestation form.

Student Schedule

OMM in Motion: Healing Body, Mind, Spirit for the Physician and Patient

Wednesday, March 23

8:00-8:05 am	Introduction	Rebecca R. Rodriguez Regner, DO, FACOFP	Sebastian J
8:15-8:45 am	Evolution of Medical Care at the Ironman Triathlon	T.K. Miller, MD	
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11:00-11:30 am	COVID-19, Sports and the Health of Youth and Adolescents	Alex B. Diamond, DO, MPH	
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2:45-3:15 pm	Between the Lines: Energy Deficiency in Athletes	Dusty Narducci, MD	
3:15-3:45 pm	The Power of Iron: How Optimal Levels Help you Reach Your Genetic Potential	Erica N. Goldstein, MD	
3:45-4:15 pm	Updates and Considerations for the Transgender Athlete	Anne Marie Zeller, DO, MSc, CAQSM	
4:15-4:30 pm	Q&A	Brett Spain, DO (Moderator)	
4:00-7:00 pm	NUFA Program		Wekiwa 10
5:00-7:00 pm	Opening Reception		Sebastian K (Exhibit Hall)
7:00-9:00 pm	Evening with the FAAO & FAOASM: Insights on the Management of Common Occupational and Sports Injuries	Karen Snider DO, FAAO, FNAOME	Sebastian J
9:00-10:00 pm	AAO Mentorship Meeting		Sebastian L1
9:00-11:00 pm	Evening With the Stars		Sebastian I1, I2, I3, I4
9:00-11:00 pm	AOASM MSK PE Skills		Sebastian L2

Thursday, March 24

6:30–7:15 am	AAO & AOASM Fun Run	Check-in begins at 6 AM	Gatlin Terrace
6:30–7:15 am	Yoga		Osceola Courtyard
8:00–9:30am and 10:00–11:30 am	<i>Intro to Cranial (Intermediate)</i>	Thomas A. Moorcroft, DO Annette E. Hulse, DO	Sebastian I1
	<i>When They Just Can't: Osteopathic Diagnosis of the Supine Patient</i>	Jacob Cukierski, DO	Sebastian I2
	<i>Using OMM in the Hospital and ICU</i>	Leslie M. Ching, DO	Sebastian I3
	<i>Chronic Immobilization-Approach to Treating the Seated Patient</i>	José S. Figueroa, DO, FAOCPRM, FAAPMR, FAAPMR	Sebastian I4
	<i>OMT for the Sidelines</i>	Kate A. Grant, DO	Sebastian L1
	<i>Sideline Injury Management - Put it back!</i>	Sara Wemlinger, DO	Sebastian L2
12:15–12:45 pm	AOASM Business Meeting		Sebastian J
11:45 am–1:30 pm	AOASM Students, Residents, Fellows Luncheon		Panzacola G1
1:40–2:30 pm	<i>Gametime! Head & Neck Trauma</i>	Christine Blonski, DO Kate Grant, DO	Sebastian J
2:30–3:30 pm	<i>Listening with your Eyes - An Introduction to Fascial Distortion Model</i>	Jennifer S. Ribar, DO	
3:30–4:30 pm	<i>Postpartum OMT</i>	Marta Bringhurst, DO	
4:30–5:30 pm	<i>Pain Medicine: An Integrative Osteopathic Approach to Chronic Pain and Addiction</i>	Robert N. Agnello, DO, FACOPF	
5:00–7:00 pm	<i>LBORC-NUFA Research Poster Judging</i>		
7:00–9:00 pm	AAO & AOASM LBORC RPM Grand Rounds Research Forum		Sebastian L1
8:00–9:00 pm	AAO Mentorship Meeting		Sebastian I1
8:00–9:00 pm	AOASM Speed Mentoring		Sebastian L2
9:00–11:00 pm	<i>Evening With the Stars and Stripes</i>		Sebastian I1, I 2, I3, I4
10:00 pm–12:00 am	Student Mixer		Panzacola G2-H3-H4

Friday, March 25

6:30–7:15 am	Yoga		Osceola Courtyard
8:00–9:30 am and 10:00–11:30 am	<i>Spine Boarding & Cervical Spine Injury Management</i>	Christine A. Blonski, DO Kate A. Grant, DO	Sebastian I1
	<i>Listening with your Eyes: An Introduction to Fascial Distortion Model</i>	Jennifer S. Ribar, DO	Sebastian I2
	<i>Traumatic Entry: OMM and the Experience of Childbirth</i>	J’Aimee Anne Lippert, DO	Sebastian I3
	<i>An ONMM Perspective on Chronic Disease</i>	Darren L. Grunwaldt, DO	Sebastian I4
	<i>Treating Patients with Physical Disabilities</i>	Michael Carnes, DO, FAAO	Sebastian L1
	<i>Paths to Sports Medicine Panel</i>	Angela C. Cavanna, DO, FAOASM Gillian Wooldridge, DO Mary Solomon, DO Sajid A. Surve, DO	Sebastian L2
1:00–2:00 pm	<i>Introduction to Fractures, Splinting & Casting</i>	Becca Rodriguez Regner, DO, FACOPF	Sebastian J
2:00–3:00 pm	<i>Osteopathic Considerations for Patients with History of Child Abuse</i>	J’Aimee Anne Lippert, DO	
3:00–4:15 pm	<i>When They Just Can't: Osteopathic Examination of the Supine Patient</i>	Jacob Curkierski, DO	
4:15–5:30 pm	<i>Advocacy / Engaging in the Clinical World</i>	Michael P. Rowane, DO, MS, FAAFP, FAAO	

Graduating Soon? Join the Resident American Academy of Osteopathy

When you graduate from osteopathic medical school, the membership you enjoyed in the Student American Academy of Osteopathy does not roll over into RAAO membership. RAAO membership is open to interns, residents and postdoctoral fellows in all specialties.

RAAO member benefits include:

- Be recognized for exceptional work in the field of osteopathic medicine with the AAO Resident of the Year Award.
- RAAO members enjoy reduced rates for AAO courses and Convocation.
- RAAO members have access to a network of more than 1,000 new physicians and RAAO members who can help you navigate the challenges of the ever-evolving osteopathic medical field.

If you are interested in an ONMM 2 (previously NMM +1) residency, there is no better opportunity to become familiar with the programs, get to know the program directors and establish relationships with those who can help you find the ONMM 2 program that is right for you.

- Develop osteopathic research projects using the resources of the Louisa Burns Osteopathic Research Committee and the Foundation for Osteopathic Research and Continuous Education (FORCE).
- As recent graduates, RAAO members are uniquely qualified to mentor osteopathic medical students.

Join now at academyofosteopathy.org.

Friday, March 25

4:00–7:00 pm	Residency Information Session & Postdoctoral Training Job Fair	Sebastian L3-L4
9:00–11:00 pm	Practice for A. Hollis Wolf Case Presentation	Sebastian J
9:00–11:00 pm	NUFA Social	Sebastian L3-L4

Saturday, March 26

6:30–7:15 am	Yoga		Osceola Courtyard
6:30–7:15 am	SMASH Workout	Abby Perone, DC, NASM-CES, FMT, CF-L1	The Timucua Patio
8:00–9:30 am and 10:00–11:30 am	Magoun Memorial FAAO-NUFA Forum (FAAOs and NUFAs only)	Hugh M. Ettlinger, DO, FAAO, FCA	Sebastian I1
	Exploring OMT For Stress Reduction on Self and For Patients	David L. Redding, DO	Sebastian I2
	Cervical HVLA	Thomas James Fotopoulos, DO	Sebastian I3
	Postpartum OMT	Marta Bringham, DO	Sebastian I4
	Creating Safety in the Setting of Trauma	Hillary Haas, DO	Sebastian L1
	Casting & Splinting of Fractures	Rebecca R. Rodriguez Regner, DO, FACOFP	Sebastian L2
10:45 am–12:45 pm	AOASM Case and Research Podium Presentations		Sebastian J
1:00–2:00 pm	Harold A. Blood, DO, FAAO Memorial Lecture	Lisa Ann DeStefano, DO	Sebastian J
2:00–4:30 pm	Judging of the A. Hollis Wolf Case Presentation Competition		Sebastian J
4:30–5:00 pm	Student Awards Presentation (LBORC Poster Winners, A. Hollis Wolf Presentation Winners)		Sebastian J
6:30–7:15 pm	Reception		Sebastian Foyer
7:15–10:00 pm	AAO President's Banquet		Sebastian J

Sunday, March 27

8:00–9:00 am	Chronic Pain and the Mind-Body Connection	Jake Fleming, DO	Sebastian J
9:00–10:00 am	Treating the Trauma Spectrum with Osteopathy (and Acupuncture)	Stevan A. Walkowski, DO, FAAMA	Sebastian J
10:00–11:00 am	Osteopathic Pain Management in the Post-Opioid Era	James W. Kribs, DO	Sebastian J
11:00 am–12:00 pm	Integrative Medicine Approach to Trauma	Melita Marcial-Schuster, DO	Sebastian J